

**EDUC 705 Fall Internship in School Counseling
Solution-Focused Brief Counseling Follow-Up Session Rubric**

Student's name: _____ Evaluator's name: _____
Date: _____

Background of Recording: See Counselor Self-Evaluation Form

SFBC Skill	Demonstrated	Not Demonstrated
1. Opening + ask client to identify goal of the last session.		
2. ELICIT		
a. Identify unrecognized successes (as needed)		
b. Identify recognized successes		
c. How were you able to make this happen?		
3. AMPLIFY		
a. Who noticed the change in you?		
b. What did they notice?		
c. How did they respond to you?		
d. How did you then respond to them?		
4. REINFORCE		
a. How did you make this change happen?		
b. Cheerlead		
5. Repeat entire EAR sequence up to 3 or 4 times as needed		
a. What else was better?		
6. SCALING		
a. Where are you between 0 and 10 in reaching your goal?		
b. How did you get to a ___ today?		
c. When you move up on number on the scale what will you see yourself doing?		
7. Flag the minefield		
8. How satisfied are you with our sessions?		
9. How will you know when we no longer need to meet?		
10. Message –compliments (3) about current successes, bridge to connect goal and task, task (vague/general actions or observations) student is to carry out.		

Overall Recording (Please Circle One) Not Proficient Proficient Distinguished

Comments: