

## Patrick Akos

pakos@email.unc.edu  
(919) 843-4758

University of North Carolina at Chapel Hill  
School of Education - Box #3500  
Chapel Hill, NC 27599

### OVERVIEW

Generally, I seek to understand how best to help others thrive. My primary focus has been on navigating transitions across the lifespan. School, college and career transitions depend on strengths, meaning making, agency, opportunity structures, as well as development and stage-environment fit in multiple contexts. I utilize a strengths framework (Galassi & Akos, 2007) for inquiry and practice, which is based in humanistic traditions and is empirically supported by contemporary scholarship (e.g., positive psychology). Overall, I endeavor to inquire, teach, counsel, lead and serve others consistent with a strengths orientation.

### EDUCATION

University of Virginia	Ph.D.	Counselor Education
Morehead State University	M.A.	Adult and Higher Education
Vanderbilt University	B.S.	Secondary Education (Sociology) Human and Organizational Development

### PRIMARY PROFESSIONAL APPOINTMENT

2001-current, School of Education, University of North Carolina at Chapel Hill

Professor

School Counseling (M.Ed.) and School Psychology (Ph.D.) programs

Policy, Leadership and School Improvement (Ph.D.), Affiliate Faculty

Department of Psychology and Neuroscience, Adjunct Faculty

1999-2001, School Counselor, Louisa County Middle School, Mineral, VA

1997-2000, Research and Teaching Assistant, University of Virginia

1995-1997, Counselor, Academic and Career Center, University of Arkansas

1994-1995, Teacher, School District 11, Colorado Springs, CO

### AWARDS/HONORS

2016-2018, Faculty Fellow, Academic Affairs Fellowship Program, University of North Carolina  
General Administration

2009, Robert O. Stripling Award for Excellence in Standards, Drs. Akos, Bruce, Daniels, Davis,  
Gressard, Lipford-Sanders - Standards Revision Committee, Association for Counselor  
Education and Supervision

2009, Leadership Fellow, Institute for the Arts and Humanities, University of North  
Carolina at Chapel Hill

2007, Selected Member, National Career Development Association's Leadership Academy

2006, Outstanding Counselor Education Program (Masters Level), Awarded to the University of  
North Carolina at Chapel Hill, Southern Association of Counselor Education and  
Supervision, Drs. Patrick Akos, Duane Brown, and John Galassi – core faculty

2004, Counselor Educator of the Year, American School Counselor Association

2004, Pre-Tenure Counselor Educator of the Year, Southern Association of Counselor  
Education and Supervision

- 2003, Counselor Educator of the Year, North Carolina School Counselor Association  
 2003, Emerging Leader, Southern Association of Counselor Education and Supervision  
 2003, Junior Faculty Development Award, University of North Carolina at Chapel Hill  
 2000, Chi Sigma Iota (Counseling Honor Society), Rho Beta Chapter #26278, University of Virginia  
 2000, Dissertation Award, Curry School of Education, University of Virginia  
 1998, American College Counseling Association Graduate Student Award

## RESEARCH & SCHOLARSHIP

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### Books

- Galassi, J., & Akos, P. (2007). *Strengths-Based School Counseling: Promoting Student Development and Achievement*. Mahwah, NJ: Lawrence Erlbaum Associates.  
 Akos, P., Queen, J., & Lineberry, C. (2005). *Promoting a Successful Transition to Middle School*. Larchmont, NY: Eye on Education.

### Book Chapters

- Akos, P., Merlin, C., & Duquette, K. (2019). Strengths-Based School Counseling (SBSC) 2.0. In C. Dollarhide & M. Lemberger-Truelove (Eds.) *Theories of School Counseling for the 21<sup>st</sup> Century* (pp 208-240). Oxford University Press.  
 In, H., Akos, P., & Niles, S. (2015). Promoting career development in schools. In B. Erford (Ed.) *Transforming the School Counseling Profession, 4<sup>th</sup> ed.* (pp. 259-278). Upper Saddle River, NJ: Pearson Education.  
 Akos, P. & Felton, K. (2013). The other primary transition: How educators promote optimal transition during elementary school. In D. Jarvis & S. Elliot-Johns (Eds.) *Perspectives on Transitions in Schooling and Instructional Practice* (pp. 105-117), Toronto: University of Toronto Press.  
 Akos, P., Frommer, M., & Rinkoski, E. (2013). From accepting failure to promoting success. In K. Roney & D. Lipka (Eds.) *Middle Grades Curriculum: Voices and Visions of the Self-Enhancing School* (pp. 105-118), Westerville, OH: National Middle School Association.  
 Akos, P., & Hill, L. (2013). Counseling in the middle grades. In G. Andrews (Ed.) *Research to Guide Practice in Middle Grades Education* (pp.559-570). Westerville, OH: Association for Middle Level Education.  
 Stiff, L., Johnson, J., & Akos, P. (2011). Examining what we know for sure: Tracking in middle grades mathematics. In W. Tate, K. King, & C. Anderson (Eds.) *Disrupting Tradition: Research, Practice, and Pathways in Mathematics Education* (pp. 63-76). Reston, VA: National Council of Teachers of Mathematics.  
 Akos, P., Niles, S., Miller, E., & Erford, B. (2011). Promoting educational and career planning in schools. In B. Erford (Ed.) *Transforming the School Counseling Profession, 3<sup>rd</sup> ed.* (pp. 202-221). Upper Saddle River, NJ: Pearson Education.  
 Akos, P. (2009). Moving through elementary, middle, and high schools: The primary to secondary shifts in the United States. In D. Jindal-Snape (Ed.) *Educational Transitions: Moving Stories from Around the World* (pp. 125-142). New York: Routledge.  
 Akos, P., & Niles, S. (2007). Promoting educational and career planning in schools. In B. Erford (Ed.) *Transforming the School Counseling Profession, 2<sup>nd</sup> ed.* (pp. 195-210). New York, NY: Prentice Hall.

- Akos, P. (2004). Transition programming for school counselors. In B. Erford (Ed.) *Professional School Counseling: A Handbook of Theories, Programs, and Practices* (pp. 881-888). Austin, TX: Caps Press - PRO-ED.
- Akos, P. (2004). Using outcome research in professional school counseling. In B. Erford (Ed.) *Professional School Counseling: A Handbook of Theories, Programs, and Practices*. (pp. 35-42). Austin, TX: Caps Press - PRO-ED.
- Niles, S. & Akos, P. (2002). Fostering educational and career planning in students. In B. Erford (Ed.) *Transforming the School Counseling Profession* (pp. 153-170). New York, NY: Prentice Hall.
- Akos, P. (2000). Creating developmental opportunity: Systemic and proactive intervention for elementary school counselors. In D. Sandhu (Ed.), *Elementary School Counseling in the New Millennium* (pp. 91-102). Alexandria, VA: American Counseling Association.

### Refereed Publications

- Akos, P., & James, S. (in press). Are college withdrawals a useful student success strategy? *NACADA Journal*, TBD.
- Martinez, R., Akos, P., & Kurz, M. (in press). Utilizing Latinx cultural wealth to create a college going culture in high school. *Journal of Multicultural Counseling and Development*, TBD.
- Akos, P., Wasik, S., McDonald, A., Soler, M., & Lys, D. (2019). The challenge and opportunity of competency-based counselor education. *Counselor Education and Supervision*, 58(2), TBD.
- Akos, P., & Kretchmar, J. (2017). Investigating grit as a non-cognitive predictor of college success. *The Review of Higher Education*, 40(2), 163-186.
- Akos, P., & Pizzolato, S. (2017). Defining the school counseling relationship: Confidentiality revisited. *Journal of Ethics in Mental Health*, 10(1), 1-14.
- Akos, P., & Kretchmar, J. (2017). Gender and ethnic bias in letters of recommendation: considerations for school counselors. *Professional School Counseling*, 20(1), 102-113.
- Diggs, C., & Akos, P. (2016). The promise of character education in middle school: A meta-analysis. *Middle Grades Review*: Vol. 2(2), Article 4.
- Wei, C., Akos, P., Jiang, X., & Harbour, S. (2016). A comparison of university career services in China and the United States. *Journal of Asia Pacific Counseling*, 6(1), 1-11.
- Akos, P., & Kurz, M. (2016). Applying hope theory to support middle school transitions. *Middle School Journal*, 47(1), 13-18.
- Duquette, K., Akos, P., & Harrison, R. (2016). Eliminating social homelessness: Providing a house to GROW. *Middle Grades Review*, 2(3), Article 5.
- Rose, R. & Akos, P. (2014). Promoting school valuing through career relevant instruction. *Journal of the Society for Social Work and Research*, 5(4), 539-563.
- Akos, P., Jain, S., & Gurjar, S. (2014). School counseling in India. *Journal of Asia Pacific Counseling*, 4(2), 169-180.
- Akos, P., Rose, R., & Orthner, D. (2014). Sociodemographic moderators of middle school transition effects on academic achievement. *Journal of Early Adolescence*, 41, 320-332. doi: 10.1177/0272431614529367.
- Woolley, M. E., Rose, R. A., Orthner, D. K., Akos, P. A., & Jones-Sanpei, H. (2013). Advancing academic achievement through career relevance in the middle grades: A

- longitudinal evaluation of Career Start. *American Education Research Journal*, 50(6), 1309-1334. doi: 10.3102/0002831213488818
- Hutchins, B., & Akos, P. (2013). Rural high school youth's access to and the use of school-to-work programs. *The Career Development Quarterly*, 61, 210-225.
- Orthner, D., Jones-Sanpei, H., Akos, P., & Rose, R. (2013). Improving middle-school student engagement through career-relevant instruction in the core curriculum. *Journal of Educational Research*, 106, 27-38.
- Rose, R., Woolley, M., Orthner, D., Akos, P., & Jones-Sanpei, H. (2012). Increasing teachers use of career relevant instruction: A randomized control trial of Career Start. *Educational Evaluation and Policy Analysis*, 34(3), 295-312. doi:10.3102/0162373711431733
- Galassi, J., & Akos, P. (2012). Preparing school counselors to promote academic development. *Counselor Education and Supervision*, 51(1), 50-63.
- Augst Felton, K., & Akos, P. (2011). The ups and downs of third grade. *Educational Leadership*, 68(7), 28-31.
- Hirschi, A., Niles, S., & Akos, P. (2011). Engagement in adolescent career preparation: social support, personality and the development of choice decidedness and congruence. *Journal of Adolescence*, 34(1), 173-182.
- Akos, P., Charles, P., Orthner, D., Cooley, V. (2011). Teacher perspectives on career relevant curriculum in middle school. *Research in Middle Level Education*, 34(5), 1-9.
- Briggs, M., Akos, P., Czyszczon, G., Eldridge, A. (2011). Assessing and promoting spiritual wellness as a protective factor in secondary schools. *Counseling & Values*, 5, 171-184.
- Orthner, D., Akos, P., Rose, R., Jones-Sanpei, H., Mercado, M., & Woolley, M. (2010). Career Start: A middle school student engagement and academic achievement program. *Children and Schools*, 32(4), 223-236.
- Orthner, D.K., Jones-Sanpei, H., Rose, R., Mercado, M., & Akos, P. (2010). Career Start: A middle grades strategy for promoting student school engagement and academic success. *Studia Sociologia*, 1, 137-154.
- Sparks, E., Johnson, J., & Akos, P. (2010). Using data to target dropout prevention efforts. *Educational Leadership*, 67(5), 46-49.
- Schaeffer, K., Akos, P., & Barrow, J. (2010). A phenomenological study of high school counselor advocacy as it relates to the college access of underrepresented students. *Journal of School Counseling*, 8(2). Retrieved from <http://www.jsc.montana.edu/articles/v8n2.pdf>
- Akos, P., Schuldt, H., & Walendin, M. (2009). School counselor assignment in secondary schools. *Professional School Counseling*, 13(1), 23-29.
- Farmer, T., Leung, M., Keagy, K., Boudah, D., Akos, P., McDonough, E., & Hall, C. (2009). Social preference choices in late elementary school: Within and across. *Psychology in the Schools*, 46(4), 362-374.
- Augst, K., & Akos, P. (2009). Primary transitions: How elementary school counselors promote optimal transitions. *Journal of School Counseling*, 7(3). Retrieved from <http://www.jsc.montana.edu/articles/v7n3.pdf>.
- Akos, P., & Ellis, C. (2008). Racial identity development in middle school: A case for school counselor individual and systematic intervention. *Journal of Counseling and Development*, 86(1), 26-33.
- Galassi, J., Griffin, D., & Akos, P. (2008). Strengths-Based School Counseling and the ASCA National Model. *Professional School Counseling*, 12(2), 176-181.

- Sink, C., Akos, P., Turnbull, R., & Mvududu, N. (2008). An investigation of comprehensive school counseling programs and academic achievement in Washington state middle schools. *Professional School Counseling, 12*(1), 43-53.
- Smith, J., Akos, P., & Lim, S. (2008). Student and stakeholder perceptions of the transition to high school. *The High School Journal, 91*(3), 32-42.
- Estell, D., Farmer, T., Irvin, M., Crowther, A., Akos, P., & Boudah, D. (2008). Students with exceptionalities and the peer group context of bullying and victimization in late elementary school. *Journal of Child and Family Studies, 18*, 136-150.
- Lambie, G., Sias, S., Davis, K., Lawson, G., & Akos, P. (2008). A scholarly writing resource for counselor educators and their students. *Journal of Counseling and Development, 86*(1), 18-25.
- Akos, P., Lambie, G., Milsom, A., & Gilbert, K. (2007). Early adolescents' aspirations and academic tracking: An exploratory investigation. *Professional School Counseling, 11*(1), 57-64.
- Milsom, A., Goodnough, G., & Akos, P. (2007). School counselor contributions to the IEP process. *Preventing School Failure, 52*, 19-24.
- Akos, P., Cockman, C., & Strickland, C. (2007). Differentiating classroom guidance. *Professional School Counseling, 10*(5), 455-463.
- Villalba, J., Akos, P., Webb, K., & Ames, A. (2007). Promoting Latina/o student achievement and development through the ASCA National Model. *Professional School Counseling, 10*(5), 464-474.
- Rush, C., & Akos, P. (2007). Supporting children and adolescents with deployed caregivers: A structured group approach for school counselors. *Journal for Specialists in Group Work, 32*(2), 113-125.
- Milsom, A., & Akos, P. (2007). National certification: Evidence of a professional school counselor? *Professional School Counseling, 10*(4), 346-351.
- Akos, P., Hamm, J., Mack, S., & Dunaway, M. (2007). Utilizing the developmental influence of peers in middle school groups. *Journal for Specialists in Group Work, 32*(1), 51-60.
- Akos, P., Shoffner, M., & Ellis, M. (2007). The influence of math placement in the transition to middle school. *Professional School Counseling, 10*(3), 238-244.
- Akos, P. (2006). Extracurricular participation and the transition to middle school. *Research in Middle Level Education, 29*(9), <http://www.nmsa.org/Publications/RMLEOnline/Articles/Vol29No9/tabid/804/Default.aspx>.  
Reprinted in Caskey, M. (2007) *Middle Level Education Research Annual: Engaging young Adolescent Learners* (pp. 77-85). Westerville, OH: National Middle School Association.
- Milsom, A., & Akos, P. (2005). CACREP's relevance to professionalism for school counselor educators. *Counselor Education and Supervision, 45*(2), 147-158.
- Akos, P. (2005). The unique nature of middle school counseling. *Professional School Counseling, 9*(2), 95-103.  
Reprinted in S. Mertens, V. Anfara, Jr., & M. Caskey (2007) *The Young Adolescent and the Middle School* (pp. 183-200). Charlotte, NC: Information Age Publishing.
- Akos, P., & Trier, J. (2005). An examination of media representations of school counselors. *The Journal for Technology in Counseling, 4*(1), [http://jtc.colstate.edu/Vol14\\_1/Akos/Akos.htm](http://jtc.colstate.edu/Vol14_1/Akos/Akos.htm).

- Akos, P., Konold, T., & Niles, S. (2004). A career readiness typology and typical membership in middle school. *The Career Development Quarterly*, 53(1), 53-66.
- Akos, P. & Galassi, J. (2004). Gender and race as factors in psychosocial adjustment to middle and high school. *The Journal of Educational Research*, 98(2), 102-108.
- Akos, P. (2004). Investing in experiential training appropriate for preservice school counselors. *The Journal for Specialists in Group Work*, 29(3), 327-342.
- Milsom, A., Akos, P., & Thompson, M. (2004). A psychoeducational group approach to postsecondary transition planning for students with learning disabilities. *The Journal for Specialists in Group Work*, 29(3), 395-412.
- Akos, P., Masina, P., & Creamer, V. (2004). Promoting connectedness and belonging in middle school orientation. *Middle School Journal*, 36(1), 43-50.
- Akos, P., & Scarborough, J. (2004). An examination of the clinical preparation of school counselors. *Counselor Education and Supervision*, 44(4), 96-107.
- Akos, P. (2004). Advice and student agency in the transition to middle school. *Research in Middle Level Education*, 27(2), <http://www.nmsa.org/Publications/RMLEOnline/Articles/Vol27No2Article4/tabid/494/Default.aspx>.
- Brown, D., Galassi, J., & Akos, P. (2004). School counselors' perceptions of the impact of high-stakes testing. *Professional School Counseling*, 8(1), 31-39.
- Akos, P., & Galassi, J. (2004). Middle and high school transitions as viewed by students, parents, and teachers. *Professional School Counseling*, 7(4), 212-221.
- Galassi, J., & Akos, P. (2004). Developmental Advocacy: 21st century school counseling. *Journal of Counseling and Development*, 82(2), 146-157.
- Akos, P., Goodnough, G., & Milsom, A. (2004). Preparing school counselors for group work. *The Journal for Specialists in Group Work*, 29(1), 137-146.
- Akos, P., & Galassi, J. (2004). Training school counselors as developmental advocates. *Counselor Education and Supervision*, 43(3), 192-206.
- Galassi, J., & Akos, P. (2004). Déjà vu and moving the conversation: Reactions to an underutilized partnership. *The Counseling Psychologist*, 32(2), 235-244.
- Milsom, A., & Akos, P. (2004). Preparing school counselors to work with students with disabilities. *Counselor Education and Supervision*, 43(2), 86-95.
- Akos, P. & Martin, M. (2003). Transition groups for preparing students for middle school. *The Journal for Specialists in Group Work*, 28(2), 139-154.
- Akos, P. (2003). Resiliency in school counseling. *Prevention Researcher*, 10(1), 8-10.
- Akos, P. (2002). Student perceptions of the transition from elementary to middle school. *Professional School Counseling*, 5(5), 339-345.
- Akos, P. & Levitt, D. (2002) Promoting healthy body image in middle school. *Professional School Counseling*, 6(2), 138-144.
- Niles, S., Akos, P., & Cutler, H. (2001). Counselor educator's strategies for success. *Counselor Education and Supervision*, 40(4), 276-291.
- Akos, P. (2000). Building empathic skills in elementary school children through group work. *The Journal for Specialists in Group Work*, 25(2), 214-223.

#### Grant Reports

- Akos, P., Domina, T., & Bastain, K. (2018). *Student Success and School Counselor Quantity and Quality*. American School Counselor Association.
- Akos, P., Domina, T., & Bastain, K. (2017). *Optimal Student-to-School Counselor Ratios:*

- Interim Progress Report*. American School Counselor Association.
- Orthner, D., Akos, P., Jones-Sanpei, H., Rose, R., Martin, D., McCann, J. (2009). *CareerStart: A Middle School Strategy for Promoting Student School Engagement and Academic Success*. KB Reynolds Foundation; WIRED Partnership.
- Orthner, D., Akos, P., Swick, D., Martin, D., McCann, J. (2008). *CareerStart: A Schools-Linked Strategy for Promoting Student Success and Workforce Preparedness*. KB Reynolds Foundation; WIRED Partnership.
- Orthner, D., Akos, P., Charles, P., Cooley, V. (2007). *Implementation evaluation of CareerStart: A school and career engagement strategy for lifting children from poverty*. U.S. Department of Justice.

### Other Publications

- Bastian, K., Akos, P., & Domina, T. (2019). *The Allocation of Support Personnel in North Carolina*. Chapel Hill NC: Education Policy Initiative at Carolina.
- Akos, P., & Germuth, A. (2017). *Findings from the Review of Chapel Hill Carrboro City Schools' School Counseling Program*. Durham, NC: EvalWorks, LLC.
- Akos, P. (2015). Transition programs. In S. Mertens, M. Caskey, & N. Flowers (Eds.), *The Encyclopedia of Middle Grades Education, 2<sup>nd</sup> ed* (pp. TBD). Greenwich, CT: Information Age Publishing.
- Akos, P., & Duquette, K. (2015). School counseling. In S. Mertens, M. Caskey, & N. Flowers (Eds.), *The Encyclopedia of Middle Grades Education, 2<sup>nd</sup> ed* (pp. TBD). Greenwich, CT: Information Age Publishing.
- Akos, P. (Fall, 2010). Mentoring a hedgehog. *The Association of Counselor Education and Supervision Spectrum, 71*(1), 42-45.
- Hurd, N., & Akos, P. (Sept/Oct, 2009). The National College Advising Corps: The power of partnerships and peers. *ASCA School Counselor: Career Supplement*.
- Akos, P., & Spangler, R. (2009). Test review: Occupational and Aptitude Survey and Interest Scale – 3. In E. Whitfield, R. Feller, & C. Wood (Eds.), *A Counselor's Guide to Career Assessment Instruments, 5<sup>th</sup> ed*. (pp. 188-194). Tulsa, OK: National Career Development Association.
- Augst, K., & Akos, P. (Sept/Oct, 2008). Making the first move. *ASCA School Counselor, 13*-21.
- Akos, P., & Kingsley, M. (2008). *Middle School Counseling*. National Middle School Association Research Summary, available at <http://nmsa.org/Research/ResearchSummaries/tabid/115/Default.aspx>.
- Augst, K., & Akos, P. (June, 2008). With all your power, what will you do? A strengths-based classroom guidance unit for elementary students. *Career Convergence* (<http://ncda.org/>, web magazine). Tulsa, OK: National Career Development Association
- Akos, P., & Confer, R. (2008). Moving on to high school. Nickelodeon's Parents Connect, [http://www.parentsconnect.com/articles/moving\\_to\\_high\\_school.jhtml?ccc=10493&psc=10021&\\_requestid=17758](http://www.parentsconnect.com/articles/moving_to_high_school.jhtml?ccc=10493&psc=10021&_requestid=17758)
- Akos, P. (2005). Understanding the middle school student. In S. Farenga, & D. Ness (Eds.), *Encyclopedia of Education and Human Development* (pp. 513-517). Armonk, NY: M. E. Sharpe Publishers.
- Akos, P. (2005). Book review: Handbook of group counseling and psychotherapy. *Journal of Counseling and Development, 83*, 508-509.

- Akos, P. (2005). Transition programs. In V. Anfara, Jr., G. Andrews, & S. Mertens (Eds.), *The Encyclopedia of Middle Grades Education* (pp. 380-383). Greenwich, CT: Information Age Publishing.
- Brannigan, M., & Akos, P. (2005). Professional school counseling. In V. Anfara, Jr., G. Andrews, & S. Mertens (Eds.), *The Encyclopedia of Middle Grades Education* (pp. 159-162). Greenwich, CT: Information Age Publishing.
- Akos, P., & Milsom, A. (2005). Counseling. In F. English (Ed.), *Encyclopedia of Educational Leadership and Administration* (pp. 225-229). Thousand Oaks, CA: SAGE.
- Akos, P. (2005). Career development. In F. English (Ed.), *Encyclopedia of Educational Leadership and Administration* (p.103). Thousand Oaks, CA: SAGE.
- Akos, P. (2004). Case response: Screening of members - everyone is welcome. In L. Tyson, R. Perusse, & J. Whitley (Eds.), *Critical Incidents in Group Counseling* (pp. 10-12). Alexandria, VA: American Counseling Association.
- Otten, S., & Akos, P. (2004). Helping students move on – The elementary school counselor. *The Counselor's Classroom (e-column)*, 4(10). Alexandria, VA: ASCA and The Guidance Channel.
- Akos, P. (March/April, 2003). Facilitating successful transitions to middle school: Comprehensive programming for school counselors. *ASCA School Counselor*, 40(4), 14-18.
- McGarry, K., & Akos, P. (March/April, 2003). Helping parents facilitate their child's transition to college. *ASCA School Counselor*, 40(4), 28-31.
- Niles, S. & Akos, P. (1999). Postmodern career counseling: Responding to clients' needs in the new millennium. *Journal of the Pennsylvania Counseling Association*, 1(1), 40-49.
- Akos, P. (Summer, 1997). Focusing: The pressures of early adulthood. *ADULTSPAN: The Official Publication of the Association for Adult Development & Aging*, 11(2), 4.

### Research Grants

#### Principal Investigator or Co-Principal Investigator

- 2017-2018, The School Counselor Ratio and Student Success, American School Counselor Association, \$8500, Patrick Akos (Principal Investigator), Thad Domina (Co-Principal Investigator), and Kevin Bastian (Co-Principal Investigator).
- 2004-2009, Career Start: A School and Career Engagement Strategy for Lifting Children from Poverty, United States Department of Justice, \$250,000, KB Reynolds Foundation, \$380,000, Dennis K. Orthner (Principal Investigator), Patrick Akos (Co-Principal Investigator), et al.
- 2004-2005, The Influence of CACREP on Professional Commitment and Identity in School Counseling, Council for Accreditation of Counseling and Related Educational Programs, \$3,000, Association of Counselor Education and Supervision, \$750, Amy Milsom (Co-Principal Investigator), Patrick Akos (Co-Principal Investigator).
- 2001-2003, Transitional Strategies for Middle School, University Research Council Grant, University of North Carolina, Chapel Hill, \$3000, Patrick Akos (Principal Investigator).
- 2000-2001, The Developmental Needs of Students in the Transition from Elementary to Middle School, American School Counseling Association, \$1000, Patrick Akos (Principal Investigator).



### Investigator

- 2010-2012, Faith, Farming, and the Future: A church-based program addressing health disparities, National Institutes of Health, \$403,962, Alice Ammerman (Principal Investigator), Patrick Akos (Investigator), et al.
- 2008-2009, Web-Based Wellness Policy Toolkit for Obesity Prevention in Middle Schools, Small Business Technology Transfer Program (STTR), National Institutes for Health, \$133,130 (\$53,833 for UNC as a subcontract), Alice Ammerman (Principal Investigator), Patrick Akos (Investigator), et al.
- 2006-2007, School Nutrition Standards Policy Implementation: Economic Impact and the Role of Key Stakeholders, R. J. Reynolds Foundation, \$100,000, United States Department of Agriculture, \$115,000, Alice Ammerman (Principal Investigator), Patrick Akos (Investigator), et al.
- 2005-2007, National Research Center on Rural Education Support, United States Department of Education, Institute of Education Sciences, \$10,000,000, Thomas Farmer (Center Director, Principal Investigator), Lynne Vernon-Feagans (Co-Director, Principal Investigator), Patrick Akos (Investigator), et al.
- 2002-2006, Project BEST (Behavioral and Emotional Support Training): A Multi-level Model to Prevent and Treat Challenging Behaviors in Early Adolescence, Office of Special Education Programs, U.S. Department of Education, \$898,321, Thomas Farmer (Principal Investigator), Daniel Boudah (Co-Principal Investigator), Patrick Akos (Investigator), et al.

### Advisory Board or Research Assistant

- 2010-2015, The North Carolina Academic Center for Excellence in Youth Violence Prevention. Centers for Disease Control and Prevention's National Center for Injury Prevention and Control, Paul Smokowski (Principal Investigator). Invited member of the advisory committee.
- 2010-2013, STEM Teams: Promoting Science, Technology, Engineering, and Mathematics (STEM) career interest, skills, and knowledge through Strategic Teaming. ITEST Strategies, National Science Foundation, Meg Blanchard (Principal Investigator). Invited member of the advisory committee.
- 1999-2000, Safe Schools Needs Assessment, Danville City Schools, The Thomas Jefferson Center for Educational Design, Daniel L. Duke (Principal Investigator), Patrick Akos (Research Team Leader), et al.
- 1999-2000, Kindergarten Transition, National Center for Early Development & Learning, Robert Pianta (Principal Investigator), Patrick Akos (Research Assistant), et al.
- 1998-1999, AmericaReads Challenge – Book Buddies, Center for the Improvement of Early Reading Achievement, Connie Juel and Marcia Invernizzi – (Co- Principal Investigators), Patrick Akos (Research Assistant), et al.
- 1997-1998, Study of Early Childhood, National Institute of Childhood and Human Development, Robert Pianta (PI), Patrick Akos (Research Assistant), et al.

### Keynote or Invited Presentations

Akos, P., Copeland, D., Pleasants, B., & Pomeranz, M. (2019, February). EDUC 101: First Year Thriving. UNC Parent Council, Chapel Hill, NC.

Akos P., & Simpson, O. (2018, November). The Evolving Landscape of Transition Courses at UNC. Academic Advising Roundtable Series. Chapel Hill, NC.

- Akos, P. (2018, November). Reflections on Epilepsy. Each One Reach One – National Epilepsy Awareness Month. Durham Epilepsy Support Team, Durham, NC.
- Raynor, S., Fotheringham, E., Akos, P. (2018, March). Rethinking Student Success: The Role of Non-Cognitive Factors. North Carolina Wesleyan College, Rocky Mount, NC.
- Akos, P. & James, S. (2017, August). The Impact of Course Withdrawals on Student Success. Hobsons Member Meeting, Washington D.C.
- Akos, P. (2017, June). Non-Cognitive Factors and the Pedagogy of Thriving in Transition, Promoting Inclusion, Transforming Lives, University of Dundee, Scotland.
- Akos, P. (2016, February). Middle School Madness, Blue Ribbon Mentor-Advocate, Chapel Hill Carrboro City Schools.
- Akos, P., & Milsom, A. (2015, September). Team Member Training, Council for Accreditation of Counseling and Counseling Related Programs (CACREP)
- Akos, P. (2015, August). Helping Youth Thrive, Carolina College Advising Corps Summer Training, University of North Carolina at Chapel Hill.
- Akos, P. (2015, March). Teaching Thriving. THRIVE Conference. Office of Undergraduate Education, University of North Carolina at Chapel Hill.
- Akos, P. (2015, February). Maximizing Opportunity in School Transitions. Wisconsin School Counselor Association, Madison, WI.
- Akos, P. (2015, February). Providing Hope and Scaffolding Change Across the Primary and Secondary Transition. Bridgewater State University, Boston, MA.
- Akos, P. (2014, November). Living with Epilepsy: Life without Limits. Neuroscience, Duke University Hospital.
- Akos, P. (2012, November). School Counseling for Social Justice. University of Virginia School Counseling Summit.
- Akos, P. (2012, October). Helping Clients Construct Careers. North Carolina Career Development Association. Elon University.
- Akos, P. (2012, August). Career Construction Theory Training. University Career Services, University of North Carolina at Chapel Hill
- Akos, P. (2010, November). Supporting the Transition to High School. Chapel Hill High School Parent Meeting, Chapel Hill, NC.
- Akos, P. (2008, December). Strengths-Based School Counseling: Empowering Students and Schools. Keynote presentation conducted at the Michigan School Counselor Association, Grand Rapids, MI.
- Akos, P. (2008, June). Closing the Gap: Sharing Interventions that Work. Schools Project Professional Development, Winston-Salem, NC.
- Akos, P., & Bolton, C. (2007, April). School Transition Programming: Promoting Student Success. Principals Executive Program, Center for School Leadership Development, University of North Carolina at Chapel Hill.
- Akos, P. (2006, February). Cross Level Programming for School Transitions. Principals Executive Program, Center for School Leadership Development, University of North Carolina at Chapel Hill.
- Akos, P. (2005, December). Strengthening Students and Supporting Teachers: How Administrators Can Support the Transition to High School. Principals Executive Program, Center for School Leadership Development, University of North Carolina at Chapel Hill.
- Akos, P. (2005, July). Universal Needs and Programming Implications for the Transition to

- Middle School. Wyoming Collaborative Mentorship Academy, University of Wyoming, Casper, WY.
- Akos, P. (2005, July). Promoting a Successful Transition to High School: Transition Practices for SLCs. Small Learning Communities Summer Symposium, Wake County Schools, Raleigh, NC.
- Akos, P. (2004, October). Transition Programming for School Counselors. University of Georgia School Counselor Association, Athens, GA.
- Akos, P. (2003, December). Course of Study Choices, Aspiration Gaps, and the Transition to High School. GEAR UP Coordinators for North Carolina, University of North Carolina System Administration Offices, Chapel Hill, NC.
- Akos, P. (2002, July). The Middle to High School Transition. GEAR UP Coordinator (NC), University of North Carolina, Charlotte, NC.

#### *National Refereed Presentations*

- Akos, P. & James, S. (2017, November). Are Course Withdrawals a Student Success Strategy? National Symposium on Student Retention, Destin, FL.
- Akos, P., Duquette, K., & Velchik, A. (2017, October). Teaching Thriving to Undergraduate Students. Association of Counselor Education and Supervision. Chicago, IL.
- Wilson, J., Akos, P., & Kretchmar, J. (2017, April). Factors Influencing College Choice Among First-Generation Underrepresented Minorities. American Education Research Association, San Antonio, TX.
- Mackey, N., Akos, P., & Williamson, J. (2016, July). School Counselor Caseload Assignment Models. American School Counselor Association, New Orleans, LA.
- Kretchmar, J., & Akos, P. (2016, April). Investigating Grit as a Non-Cognitive Predictor of College Success. American Educational Research Association, Washington D.C.
- Akos, P., Merlin, S., Duquette, K. (2015, March). Strengths-Based School Counseling. In Theories of School Counseling: Innovations in Thinking (C. Dollarhide lead presenter). Innovations in School Counselor Preparation, Athens, GA.
- Akos, P., & Duquette, K. (2015, October). School Counselor Preparation: Is Training Culturally Relevant? Association of Counselor Education and Supervision, Philadelphia, PA.
- Akos, P. & Bateman, A. (2014, November). Successful Transitions to Career Academy and International Baccalaureate High Schools. Association of Middle Level Education, Nashville, TN.
- Akos, P. & Sparks, E. (2013, October). Unity around the ASCA National Model Framework – Diversity in Application in School Counselor Education. Association for Counselor Education and Supervision, Denver, CO.
- Akos, P., et al. (2012, June). Career Start: Constructing Early Adolescent Career Development Through Career Education in Middle School. National Career Development Association, Atlanta, GA.
- Akos, P., et al. (2012, June). Elementary School Transitions. American School Counselor Association, Minneapolis, MN.
- Akos, P. (2011, October). Starting a Tenure Track Counselor Education Position: Think Hedgehog. Association of Counselor Education and Supervision, Nashville, TN.
- Sparks, E., & Akos, P. (2011, June). Closing the Gap through Academic Advising in Middle School. American School Counselor Association, Seattle, WA.
- Akos, P., & Sparks, E. (2010, July). Smooth Transitions to Middle School. American School

- Counselor Association, Boston, MA.
- Orthner, D., Jones-Sanpei, H., Akos, P., & Rose, R. (2010, April). Improving Student Engagement through Career Relevant Instruction in the Core Curriculum. American Educational Research Association, Denver, CO.
- Orthner, D., Rose, R., Akos, P., & Jones-Sanpei, H. (2010, April). Improving Academic Performance by Promoting the Relevance of the Core Curriculum: An Evaluation. American Educational Research Association, Denver, CO.
- Orthner, D., Jones-Sanpei, H., Akos, P., & Rose, R. (2010, January). Promoting School Engagement and Valuing: The Effects Teacher Provided Career Examples on Intermediate Indicators of Student Academic Success. Society for Social Work and Research, San Francisco, CA.
- Orthner, D., Rose, R., Akos, P., & Jones-Sanpei, H. (2010, January). Relevance in the Curriculum: The Effect of Teacher Provided Career Examples on the Math and Reading Performance of 8th Grade Students. Society for Social Work and Research, San Francisco, CA.
- Orthner, D., Akos, P., Jones-Sanpei, H., & Rose, R. (2009, November). Closing the Middle School Achievement Gap: Results from a Teacher Intervention. Association for Public Policy Analysis and Management, Washington D.C.
- Akos, P., & Augst, K. (2009, March). Early Transitions for Vulnerable Children: Helping Elementary Students and Families C.O.P.E. American Counseling Association, Charlotte, NC.
- Hirschi, A., Niles, S., Akos, P., & Mpofu, E. (2008, August). Testing a Developmental-Contextual Model of Early Adolescent Career Development. American Psychological Association, Boston, MA.
- Akos, P., Schuldt, H., Confer, R. (2008, June). Why School Counselor Assignment Matters. American School Counselor Association, Atlanta, GA.
- Burnham, B., Ammerman, A., & Akos, P. (2008, May). Marketing School Wellness Toolkits to Local Businesses. Enterprising Approaches to Understanding and Addressing Obesity Prevention and Control among Youth: Sustainability, Economic Development, and Social Entrepreneurship (Symposium). International Society of Behavioral Nutrition and Physical Activity (ISBNPA), Banff, Alberta, Canada.
- Sparks, H.E., Johnson, J.L., Akos, P. (2008, March). Ninth Grade Dropout Risk Factors and Information for Identifying Effective Practices. American Educational Research Association, New York, NY.
- Akos, P., Orthner, D., Charles, P., & Cooley, V. (2007, July). Teacher Perspectives on Career Education in Middle School. National Career Development Association, Seattle, WA.
- Akos, P., Bruce, M., Daniels, H., Davis, T., Gressard, R., & Lipford-Sanders, J. (2007, October). Standards Revision Update and Feedback Session: Council for Accreditation of Counseling and Related Educational Programs (CACREP). Association of Counselor Education and Supervision, Columbus, OH.
- Akos, P. (2007, July). Standards Revision Update and Feedback Session: Council for Accreditation of Counseling and Related Educational Programs (CACREP). National Career Development Association, Seattle, WA.
- Akos, P. (2006, June). The Unique Nature of Middle School Counseling. American School Counselor Association, Chicago, IL.
- Akos, P., & Gressard, C. (2006, November). Standards Revision Update and Feedback Session:

- Council for Accreditation of Counseling and Related Educational Programs. Western Association of Counselor Education and Supervision, Las Vegas, NV.
- Milsom, A., & Akos, P. (2005, October). *The Relationship Between CACREP and Professional Contributions, Leadership, and Counseling Credentials*. Association of Counselor Education and Supervision, Pittsburgh, PA
- Akos, P. (2005, June). *Promoting Successful School Transitions: School Counselor Leadership and Advocacy*. American School Counselor Association, Orlando, FL.
- Milsom, A., & Akos, P. (2005, June). *Transitioning to College: A Psychoeducational Group for Students with Learning Disabilities*. American School Counseling Association, Orlando, FL.
- Akos, P., & Milsom, A. (2005, April). *The Influence of CACREP on Professional Commitment and Identity in School Counseling*. American Counseling Association, Atlanta, GA.
- Akos, P. (2005, April). *Parent Perceptions of Curriculum Placement in the Transition to Middle School*. American Counseling Association, Atlanta, GA.
- Akos, P., Konold, T., & Niles, S. (2004, April). *Career Readiness Typology and Typal Membership in Middle School*. American Educational Research Association, San Diego, CA.
- Akos, P., & Treir, J. (2004, April). *Examining Media Representations of School Counselors*. American Educational Research Association San Diego, CA.
- Akos, P. (2004, April). *Sociodemographic and School Factors in Educational Choices and Career Readiness for 8<sup>th</sup> Grade Students*. American Counseling Association, Kansas City, MO.
- Conyne, R., Bemak, F., Akos, P., et al. (2004, April). *Teaching Group Work: Goals and Strategies*. American Counseling Association, Kansas City, MO.
- Akos, P. (2003, November). *Middle School Counseling: An Increasing Role in Accountability*. National Middle School Association, Atlanta, GA.
- Akos, P. (2003, November). *The Student Contribution to the Transition to Middle School*. National Middle School Association, Atlanta, GA.
- Akos, P., & Masina, P. (2003, July). *Comprehensive Evaluation of School Transition Programming: Elementary to Middle and Middle to High School*. American School Counselor Association, St. Louis, MO.
- Akos, P. (2003, April). *Advice and Student Agency in the Transition to Middle School*. American Educational Research Association, Chicago, IL.
- Akos, P., & Galassi, J. (2002, October). *Developmental Advocacy: A Model for Training School Counselors*. Association of Counselor Education and Supervision, Park City, UT.
- Blodenhorn, N., Akos, P., Ellis, C., Jaques, J., & Miranti, J. (2002, October). *Successful Strategies for Finding a Counselor Educator Position*. Association of Counselor Education and Supervision, Park City, UT.
- Akos, P. (2001, June). *The Developmental Needs of Students in the Transition from Elementary to Middle School*. American School Counselor Association, Portland, OR.
- Akos, P. (2001, March). *The Effectiveness of School Based Peer Mentoring in the Middle School*. American Counseling Association, San Antonio, TX.
- Akos, P., Niles, S., & Cutler, H. (2000, April). *Mentoring Counselor Educators: Navigating by the Stars*. American Counseling Association, Washington D.C.
- Akos, P., Niles, S., & Cutler, H. (1999, October). *Mentoring Counselor Educators in the New Millennium*. Association of Counselor Education and Supervision, New Orleans,

LA.

State/Regional Refereed Presentations

- Akos, P., Milsom, A., Warren, J., & Duquette, K. (2018, October). Examining the Impact of School Counseling: Program and Ratio Methodology. Southern Association of Counselor Education and Supervision, Myrtle Beach, SC.
- Akos, P., McAuliffe-Raynor, S., & Fotheringham, E (2017). Promoting Wellness: Non-Cognitive Factors and Student Success. UNC Behavioral Health Convening.
- Akos, P., & Zimowski, E. (2016). Hope in K-16 Career Construction. North Carolina Career Development Association, Alamance, NC.
- Scott, D. & Akos, P. (2014, March). New Directions for Student Support Services. North Carolina Association of School Administrators, Raleigh, NC.
- Milsom, A., & Akos, P. (2010, October). Academic Predictors of Praxis II Scores in School Counseling. Southern Association of Counselor Education and Supervision, Williamsburg, VA.
- Akos, P., Herbert, T., & Armstrong, M. (2009, November). Why Group Work is Developmentally Responsive in Middle School: Plans and Strategies. North Carolina School Counselor Association, Greensboro, NC.
- Akos, P., Augst, K., & Cockman, C. (2007, October). Transitions: It's Elementary, My Dear Watson! North Carolina School Counselor Association, Greensboro, NC.
- Akos, P., Sparks, E., & Mannino, C. (2005, October). School Counselor Perceptions of School Transitions: Implications for Leadership and Programming, North Carolina School Counselor Association, Greensboro, NC
- Akos, P., & Rush, C. (2005, October). A Counseling/Support Group for Students With Deployed Families: The Citizen Solider Project in Action. North Carolina School Counselor Association, Greensboro, NC
- Harbin, G., & Akos, P. (2004, November). Children of Citizen-Soldiers: Are Our Schools Recognizing and Meeting their Needs. North Carolina School Counselor Association, Winston-Salem, NC
- Akos, P. (2004, November). Postsecondary and Supervisor Interest Session. North Carolina School Counselor Association, Winston-Salem, NC
- Akos, P., & Trier, J. (2004, September). Preservice School Counselors Knowledge, Beliefs, and Assumptions about Advocacy and the School Counselor Role. Southern Association of Counselor Education and Supervision, Athens, GA.
- Akos, P. (2003, November). COS Choices and the Transition to High School. North Carolina School Counselor Association, Winston-Salem, NC.
- Akos, P. (2003, November). Postsecondary and Supervisor Interest Session. North Carolina School Counselor Association, Winston-Salem, NC
- Akos, P., Goodnough, G., & Milsom, A. (2003, September). Teaching Group Work to Preservice School Counselors. Southern Association of Counselor Education and Supervision, Chattanooga, TN.
- Akos, P., Creamer, V., & Masina, P. (2003, March). Promoting Connectedness and Belonging in Middle School Orientation. North Carolina Middle School Association, Greensboro, NC.
- Akos, P., Messmer, E., & Brannigan, M. (2002, November). Group Intervention to Promote Student Adjustment to Middle and High School. North Carolina School Counselor, Raleigh, NC.

- Akos, P., Weirzalis, E., & Bourne, C. (2002, November). Creating Supportive and Safe Environments for LGBTQ Students in K-12 Schools. North Carolina School Counselor, Raleigh, NC.
- Akos, P. (2001, November). The Transition to Middle School: Student Perceptions and Counselor Intervention. North Carolina School Counselor Association, Greensboro, NC.
- Akos, P. (2001, May). Student Concerns about the Transition to Middle School. Virginia School Counselor Conference, Charlottesville, VA.
- Akos, P. (2000, November). Peer Mentoring in the Middle School. Virginia Counselor Association, Roanoke, VA.
- Akos, P. & Stewart, J. (2000, May). Mentoring in the Middle: A School Based Peer Mentoring Program. Virginia School Counselor Conference, Richmond, VA.
- Akos, P. & Sowa, C. (1998, October). Teaching Empathy in Counselor Education and Supervision Using Interpersonal Process Recall. Southern Association of Counselor Education and Supervision, Annual Conference, Montgomery, AL.
- Akos, P., Urofsky, R., Jaques, J., & Sowa, C. (1997, November). Athletic Identity Interventions. Virginia Counselors Association, Richmond, VA.

#### Refereed Journal Guest Editorship

- Galassi, J., & Akos, P. (2008). Special issue on Strengths-Based School Counseling. *Professional School Counseling, 12*(2).
- Akos, P., & Milsom, A. (2007). Special issue on group work in K-12 schools. *Journal for Specialists in Group Work, 32*(1).
- Akos, P., & Hughey, K. (2005). Special issue on middle school counseling. *Professional School Counseling, 9*(2).

#### Refereed Journal Editorial Boards

- 2018-2022, Editorial Board, *The Career Development Quarterly*, Paul Hartung, Northeast Ohio Medical University, Rootstown, OH.
- 2013-2019, Editorial Board, *Counselor Education and Supervision*, Danica G. Hayes, Old Dominion University, Norfolk, VA; James S. Korcuska, North Dakota State University, Fargo, ND.
- 2009-2012, Editorial Board, *Journal of Counseling and Development*, Spencer Niles, Editor, Pennsylvania State University, State College, PA.
- 2009-2016, Editorial Board, *Research in Middle Level Education*, Micki Caskey, Editor, Portland State University, Portland, OR
- 2007-2009, Editorial Board, *The Career Development Quarterly*, Jerry Trusty, Pennsylvania State University, State College, PA.
- 2004-2007, Editorial Board, *Counselor Education and Supervision*, William B. Kline, Ohio University, Athens, OH.
- 2003-2006, Editorial Board, *Journal of Counseling and Development*, A. Scott McGowan, Long Island University/C.W. Post Campus, Brookville, NY.
- 2002-2004, Editorial Board, *Journal for Specialists in Group Work*, Donald Ward, Editor, Pittsburg, KS.
- 1999-2004, Editorial Board, *Professional School Counseling*, Kenneth F. Hughey, Editor, Kansas State University, Manhattan, KS.
- 1998-2000, Editorial Assistant, *Career Development Quarterly*, Spencer Niles, Editor,

University of Virginia, Charlottesville, VA.

Invited Journal Reviews

*Review of Educational Research, British Journal of Educational Psychology, Contemporary Educational Psychology, The Review of Higher Education, Asia Pacific Education Review, British Journal of Guidance and Counselling, Pedagogies: An International Journal, Journal of Multicultural Counseling and Development, Cogent Social Sciences, Journal for the Study of Sports and Athletes in Education, International Journal for Educational and Vocational Guidance, Middle School Journal, Future Review*

Editorial Reviews

2005-2006, Transition Weblinks, Public Broadcasting System (PBS Kids) & Scholastic Inc.  
 2003-2003, School Transition Video Series (“Moving On ....”), Sue Thomas, Editor,  
 Hazelden Publishing and Educational Services, Center City, MN.  
 2001-2002, External Reviewer for Conference Proposals, American Educational Research  
 Association, Dorothy Espelage, University of Illinois, Urbana-Champaign, IL.  
 1999-2002, Book Reviewer, Corwin Press, INC. A Sage Publications Company, Thousand Oaks,  
 CA.

**TEACHING**

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University of North Carolina at Chapel Hill

EDUC 101 First Year Thriving (2018-2019)  
 EDUC 231 The Science of Well-Being (2016- )  
 EDUC 349 Adulthood (2020- )  
 EDUC 411 Making Liberal Arts “Work” (2020- )  
 EDUC 509 Helping Youth Thrive (2013-2017)  
 EDUC 608 Practicum in Counseling (2002-2004)  
 EDUC 610 Guidance and Group Counseling (2001-2006; 2010)  
 EDUC 697 Education Minor Capstone (2015-2016)  
 EDUC 702 Introduction to Strengths-Based School Counseling (2005-2016)  
 EDUC 704 Promoting Career Development (2007-2017; 2020)  
 EDUC 705 Internship in School Counseling (2001- )  
 EDUC 706 Issues in Organizing Guidance Services (2007)  
 EDUC 766 Practicum in School Counseling (2001-2012)  
 EDUC 796 Independent Study – Masters Level (2001- )  
 EDUC 833 Developmental and Systems Leadership (2015)  
 EDUC 844 Advanced Seminar & Supervised Internship in Educational Administration (2008)  
 EDUC 865 College Teaching Internship: Teaching Thriving (2016-2019)  
 EDUC 994 Dissertation Supervision (2008- )  
 SPAN 051/093 Service Learning: Spanish Communication (2003-2005)  
 MOOC Positive Psychology (collaborative with Dr. Barbara Fredrickson; over 190,000 students,  
 200 countries as of 2017)

University of Pennsylvania

EDUC 690 Research Seminar in Counseling and Education (2014-2017)



Plymouth State University

CO 5230 Career Counseling and Development (2009)

Seattle Pacific University

EDCO 6672 Organization and Administration of K-12 Guidance Programs (2007)

University of Virginia

EDHS 829 Laboratory Practicum (2000)

EDHS 893 Interpersonal Process Recall – Teaching Assistant (1999)

EDHS 481 Problems of Personal Adjustment – Teaching Assistant (1998)

Training and Service Grants

- 2018-2019, UNC/Adobe Course Development Grant, UNC-CH, \$1500. Convert of development of courses using Adobe’s digital composition tools to promote student digital literacy, EDUC 349 Adulting and EDUC 411 Making Liberal Arts “Work”.
- 2011-2012, Online Course Grant, Summer School, UNC-CH, \$3,000. Partner with LEARN NC and the Center for Faculty Excellence to convert seated courses to an online format.
- 2007-2010, Project SUCCESS (Schools, Universities, Communities: Counseling for Educational Success), Elementary and Secondary School Counseling Act, U.S. Department of Education, \$1,115,933, Eric Sparks (Project Director) and Wake County Public School System, Patrick Akos (Transition Training Coordinator), et al.
- 2007-2009, Career Start, Winston-Salem Foundation, \$50,000, Wired Talent Development Grant, Piedmont Triad Partnership, \$373,000, Winston-Salem Forsyth County Schools (6 other regional school districts), Don Martin (Superintendent), Dennis Orthner (Director), Patrick Akos (Associate Director), et al.
- 2005-2006, Citizen Solider, United States Department of Defense, \$1,800,000, Dennis K. Orthner (Project Director), Gloria Harbin (Child and Youth Team Chair), Patrick Akos (Child and Youth Support Team Member), et al.
- 2002-2005, The Ueltschi Grants for Service Learning Course Development – University of North Carolina, (\$6000), (\$500 Course Enhancement Grant), Co-Instructor, Spanish 51: Intermediate Spanish Conversation.
- 2001-2002, K-16 Gay and Lesbian Students: Helping Students with an Evolving Identity, Williamson Committee to Promote Gay and Lesbian Studies, University of North Carolina, Chapel Hill, NC, (\$2000), Recipient.
- 2001-2002, Online Instruction in School Counseling, University of North Carolina Center for Teaching and Learning, University of North Carolina, Chapel Hill, NC, (\$350\*), Recipient.

LEADERSHIP AND SERVICEInternational and National

2018-2021, Counselor Educator and Research Trustee, Board of Directors and Trustees, National Career Development Association.

2015-2017, Working Group, Developmental Aspects of Young Adolescents, Middle Level Education Research Special Interest Group, American Educational Research Association

2015-present, Associate Director, Transformative Change: Educational and Life Transitions Research Centre (TCELT), Dundee DD1 4 HN, Scotland. <http://www.dundee.ac.uk/tcelt/>

2013-2016, Board of Directors, American School Counseling Association  
 2012-2013, Chair, American Counseling Association Research and Knowledge Committee.  
 2011-2012, Selected committee member, American Counseling Association Research and Knowledge Committee.  
 2011-2013, Consultant, Facilitate program development for Council for Accreditation of Counseling and Related Educational Programs accreditation, Seattle Pacific University, Seattle, WA.  
 2010-2011, Invited committee member, American School Counselor Association (ASCA) Foundation Scholarship committee.  
 2008-2012, Selected program reviewer, NCATE/National Middle School Association Program Review Board, Approved Teacher Preparation Standards.  
 2007-2008, Invited advisory board member, Capella University School Counseling Advisory Board – Quality Management Team.  
 2005-2006, Invited committee member, Essay Judging Committee, Australian Counseling Association, Australian and New Zealand Counselling Student Essay Contest.  
 2004-2008, Selected committee member, Standards Revision Committee, Council for Accreditation of Counseling and Related Educational Programs.  
 2004-2005, Invited committee member, Association of Counselor Education and Supervision Strategic Planning Team.  
 2004-2006, Co-Chair, American Counseling Association Research and Knowledge Committee.  
 2003-2010, Chair, Professional Interest Network – School Transitions, American School Counselor Association.  
 2002-2004, Co-Chair, Association of Specialists in Group Work, Media Committee.  
 2001-2004, Committee member, American Counseling Association Inter-professional Committee.  
 2000-present, Team chair and site visitor, Council for Accreditation of Counseling and Related Educational Programs.

*State and Local*

2019-present, Competency Based Learning Council, University of North Carolina System, Chapel Hill, NC  
 2018-present, Math Pathways Taskforce K-14 subcommittee, University of North Carolina System, Chapel Hill, NC  
 2018-present, Prior Learning Assessment and Military Credit Committee, University of North Carolina System, Chapel Hill, NC  
 2018-2019, Board of Directors, Epilepsy Alliance of North Carolina.  
 2016-2017, School Counseling Program Review, Chapel Hill Carrboro City School System, Chapel Hill, NC  
 2015-2016, School Counseling Strategic Leadership Team, Reach Higher/College Opportunity, North Carolina Department of Public Instruction, Raleigh, NC  
 2014-2017, Adjunct Professor, Department of Counseling and Educational Development, University of North Carolina at Greensboro  
 2014-2015, Consultant, School Counseling, Orange County Schools, Hillsboro, NC.  
 2014-2017, Appointed Member, Chapel Hill Community Policing Board, Chapel Hill, NC.  
 2013-2014, Member, North Carolina Department of Public Instruction School Counseling Advisory Council.

- 2010-2011, Consultant, School Counseling, Sampson County Schools, Sampson, NC.  
 2008- 2012, Advisory Committee, School Counseling, Wake County Public Schools, Raleigh, NC.  
 2008-2010, Advisory Committee, Elementary and Secondary School Counseling Program (ESSCP) Grant, Wake County Public Schools, Raleigh, NC.  
 2007-2008, Strategic Planning Committee, Chapel Hill-Carrboro City Schools, NC.  
 2007-2010, Transition Training Leader, Wake County Public Schools, Raleigh, NC.  
 2007-2009, Associate Director, Career Start, Piedmont Triad Partnership, Winston-Salem Forsyth County Schools and partner school districts (Guilford County Schools, Davie County Schools, Thomasville City Schools, Asheboro City Schools, Stokes County Schools, Surry County Schools and Randolph County Schools.)  
 2006-2007, Middle School Counseling Professional Learning Communities (PLC), Wake County Public Schools, Raleigh, NC.  
 2004-2006, Articulation Committee, Wake County Public Schools, Raleigh, NC, Consultant for school counseling committee designed to improve school transitions preK-16.  
 2003-2005, Conexion, Latino Bilingual Tutoring Program, APPLES Service Learning Course, Selected middle schools in Durham, Chapel Hill, Orange, and Chatham counties (NC), Service Coordinator and Co-Instructor.  
 2003-2004, Middle School Task Force, Invited member, Orange County Schools, NC.  
 2003-2004, School Governance Committee, Invited member, Smith Middle School, Chapel-Hill Carrboro City Schools, NC.  
 2003-2005, Postsecondary Vice President, elected representative for the North Carolina School Counselor Association.

University of North Carolina at Chapel Hill (UNC-CH) and School of Education

- 2018-present, Advisory Board, Education Minor, School of Education, UNC-CH.  
 2018-2019, Director, Thrive@Education, School of Education, UNC-CH.  
 2017-present, Academic Assembly Delegate, University of North Carolina at Chapel Hill representative to the College Board.  
 2016-2018, Post-Tenure Committee, School of Education, UNC-CH.  
 2016-2017, Director Search Committee, University Career Services, UNC-CH.  
 2015-2016, Dean Search Committee, School of Education, UNC-CH.  
 2015-present, Transition Course Advisory Board, THRIVE @ Carolina, School of Education, UNC-CH.  
 2015-present, Advisory Group, The Finish Line Project, Office of Undergraduate Retention, UNC-CH.  
 2014-2015, Chair, Educational Leadership Search Committee, School of Education, UNC-CH.  
 2014-2016, International Programs Advisory Committee, School of Education, UNC-CH.  
 2013-2016, Working Group, Race-Conscious Practices in Admissions, Enrollment and Undergraduate Admission, UNC-CH.  
 2013-2015, Diversity, Recruitment, and Retention Initiatives Advisory Board, Graduate School, UNC-CH.  
 2013-2014, Educational Leadership Search Committee, School of Education, UNC-CH.  
 2012, Summer Reading Program Discussion Leader, UNC-CH  
 2011-2013, Faculty Chair, School of Education, UNC-CH  
 2011-2012, LEARN NC Director Search Committee, School of Education, UNC-CH.

- 2011-2013, LEARN NC Advisory Board, School of Education, UNC-CH.
- 2010-2013, Transfer Student Success Committee, Undergraduate Admissions Advisory Committee, School of Education, UNC-CH.
- 2010-2011, Trio Program Director Search Committee, UNC-CH.
- 2009-2010, Educational Leadership Search Committee, School of Education, School of Education, UNC-CH.
- 2009-2011, Priority Registration Advisory Committee, UNC-CH.
- 2009-2011, Graduate Education Advisory Board Impact Awards Selection Committee, UNC-CH.
- 2008-2013, School Counseling Program Coordinator, School of Education, UNC-CH.
- 2008-2009, Robert R. Cornwell Unsung Hero Award Selection Committee, UNC-CH.
- 2008-2008, K-12 Public Education Committee, UNC-CH.
- 2007-2008, Carolina Engagement Council, Office of Public Service and Engagement, UNC-CH.
- 2007-2008, Service Learning Coordinator, Learning to Teach/Learning to Serve, Student Coalition for Action in Literacy Education, School of Education, UNC-CH.
- 2007- 2012, Sunshine Committee, School of Education, UNC-CH
- 2006-2012, Associate Scholar, Jordan Institute for Families, School of Social Work, UNC-CH.
- 2006-2008, Transition Committee, First School, FPG Child Development Institute, UNC-CH,
- 2006-2007, Search Committees; School Counseling, Cognition, Assistant Director for Student Support, School of Education, UNC-CH.
- 2005-2018, Mentor Faculty, Center for Developmental Science, UNC-CH.
- 2005-2007, Advisory Committee, Human Development and Psychological Studies, School of Education, UNC-CH.
- 2004-2006, Faculty representative, School of Education Alumni Council, UNC-CH
- 2002-2008, Committee member, Invited member of the Academic Athletic Support Program, UNC-CH.
- 2002-2004, School Advisory Committee (formerly FAC), Elected representative of Assistant Professors for faculty advisory committee to the Dean of the School of Education, UNC-CH.
- 2002-2003, Faculty Associate, First Year Initiative, UNC-CH.
- 2001-2005, Coordinator, School Transitions Chair, Research Triangle School Partnerships, Chapel Hill Carrboro City Schools – UNC-CH (NC).

#### Other Service Activities

- 2005-2009, American School Counselor Association, Site-Based Trainer on School Transitions
- 1998-1999, University of Virginia Faculty Senate, Appointed as Graduate Student Representative from the Curry School of Education.
- 1998-1998, Virginia Counselor Association, Co-coordinated first Virginia Association of Counselor Educators and Supervisors & VCA graduate student state conference at University of Virginia.
- 1998-1998, Best Practices for High-Risk Kids, Student assistant for first interdisciplinary conference sponsored by the University of Virginia.
- 1995-1997, Student Athlete Advisory Board, Facilitated and coordinated academic committee at

the University of Arkansas. Group intervention included proposed university policy change and membership into Student Government Association.  
 1994-1995, Morehead State University Graduate Student Committee, Contributed to the development of graduate student programs as student elected representative.

UNC-CH Student Advising

Undergraduate

2016, Research mentor for 27 Education Minor students

2015, Research mentor for 28 Education Minor students

McNair Scholars Program UNC-CH

Calvary Diggs

*The Promise of Character Education in Middle School: A Meta-Analysis*

School of Education Undergrad Honors Thesis

Morgan May

*The Utility of College Awareness Programs for Middle School Students: An Evaluation of the First Look Program at UNC Chapel Hill*

Masters

Serve as advisor for School Counseling M.Ed. students (primary in summer)  
 (Approximately 6-12 students annually 2001-present)

Doctoral Program of Studies, Committee and/or Advisor/Dissertation Chair\*

School Psychology, Sarah Brame

Educational Leadership, Patti Edwards

School Psychology, Alison Velchik

Applied Developmental Sciences and Special Education, Kalin Stewart\*

Educational Leadership, Heidi McClure

Educational Leadership, Jose Cardoza - completed

Policy, Leadership, & School Improvement, Jerry Wilson

Educational Leadership, Katie Lewis - withdrawn

Educational Leadership, Shelia Burnette

Educational Leadership, Lucas Paulsen

Educational Leadership, Natasha Scott - completed

Educational Leadership, Gwen Roulhac - completed

Educational Leadership, Heidi Schuldt - completed

Educational Psychology and Measurement, Cynthia Demetriou - completed

Educational Psychology and Measurement, Karyl Askew - completed

Culture, Curriculum, & Change, Heather Bower - completed

Educational Leadership, Eric Sparks – completed\*

*Meritocracy of Middle School Mathematics Placement*

Educational Leadership, Kelly Schaeffer – completed\*

*Educator Perspectives on School Counselor Advocacy as it Relates to the College Access of Underrepresented Students*

School Psychology, Kathleen Murray- completed

Educational Psychology and Measurement, Lei Zhang- completed

Educational Leadership, Paige Kimball- completed  
 Communication Studies, Teresa McAlport- completed  
 School Psychology, Kristin Gatoux- completed

Student Advising – External Universities

Doctoral Committee

2010, Southern Cross University (Australia), Education, Sally Town- completed

Other Advising

2015-2016, Visiting Scholar, Wuhan University of Technology, (Chao Wei)

2012-2013, Research Mentor, North Carolina School of Science and Mathematics (James Buchanan).

PROFESSIONAL CERTIFICATIONS/LICENSURE & TRAINING

Licensed Professional Counselor, NC #4164 (2002-current)

Licensed Professional Counselor Supervisor, NC #S4164 (2011-current)

Licensed K-12 School Counselor, NC (2001-current)

Teacher Certification, Social Studies, Middle Grades 6-8, NC (2001-current)

Teacher Certification, Sociology, Secondary Education, Grades 7-12, NC (2001-current)

National Certified Counselor, NBCC #56440 (1999-2019)

National Certified School Counselor, NBCC #56440 (2001-2019)

Gallup Organization

Instructor Certificate in Strengths-Based  
 Education (I-CSBE)

University of North Carolina at Chapel Hill

Graduate Certificate in Social  
 Entrepreneurship

Safe Zone Training

HAVEN Training

Green Zone Training

University of North Carolina at Chapel Hill

Academic Leadership Program

Institute of Arts and Humanities

Center for Creative Leadership

Leadership Development Program

PROFESSIONAL MEMBERSHIPS

American Counseling Association

American Educational Research Association

Division E: Counseling and Human Development

SIG: Career and Technical Education

American School Counselor Association

Association of Counselor Education and Supervision

National Career Development Association

North Carolina School Counselor Association

Southern Association of Counselor Education and Supervision