

Sara Meghan Walter, Ph.D., NCC, CFLE

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EDUCATION

Doctor of Philosophy in Counselor Education and Supervision, University of Central Florida (CACREP accredited), College of Education, Orlando, FL, 2009

Research and Clinical Emphasis: counselor development; community-based research; strengths-based interventions for youth; play therapy and parent coaching. Dissertation title: “*Experience and Ego Development of Counseling Interns’ Site Supervisors and Supervisees’ Levels of Ego Development and Occupational Stress*”

Post-Masters Teacher Certification Program, Manhattanville College, Purchase, NY, 1999

Master of Education in Counseling, Boston University, 1992

Bachelor of Science in Psychology, University of Maryland, 1990

CERTIFICATIONS AND LICENSES

- National Board Certified Counselor (NCC)
- State Licensure in School Counseling (K-12), North Carolina
- Permanent Certification in Secondary School Counseling, Commonwealth of Massachusetts
- State Certification in School Guidance and Counseling (PK-12), State of Florida
- Licensed Professional Counselor Associate, North Carolina (# A11603)
- Certified Parent Coach, Concordia University
- Certified Gottman Educator
- Certified Family Life Educator (CFLE), National Council on Family Relations

PROFESSIONAL EXPERIENCE

Counselor in private practice, *Wake Counseling and Mediation, Holly Springs, North Carolina, 2016 – 2018*

- Provide private practice counseling services, specializing in parent coaching and play & expressive-arts based counseling for children and adolescents

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Clinical Assistant Professor and School Counseling Program Coordinator,
The University of North Carolina at Chapel Hill, 2014-present

- Coordinate student recruitment efforts; admissions process; program evaluation; program budget; student internship placements; site supervisor trainings, etc. for graduate school counseling program.
- Serve on doctoral dissertation committee; serve as advisor for undergraduate honors thesis
- Serve as School of Education representative for faculty, UNC Faculty Council
- Serve on internal search committees and other School of Education ad hoc committees
- CACREP Liaison
- Counselor Educator Liaison, Board of Directors, North Carolina School Counselor Association (2014 – 2016)
- Courses taught: Practicum (EDUC 766) and Internship (EDUC 705) in School Counseling; Leadership and Collaboration in School Counseling (EDUC 706) ; Applied Investigations (EDUC 709); Tests and Measurement in School Counseling (EDUC 713); Human Growth and Development (EDUC 827); Promoting Mental Health and Wellness in Schools (EDUC 826; for Master's in School Administration program)

Assistant Professor of Counselor Education and School Counseling Program Coordinator,
Stetson University, DeLand, Florida, 2011-2014

- Coordinated placements for students and provided supervisor orientations in multiple Central Florida school districts and private/charter schools.
- Chapter Faculty Advisor of Chi Sigma Iota
- Member, Stetson University Institutional Review Board
- Member, Campus Life and Student Success Committee
- CACREP Liaison
- Developed and led graduate counseling study abroad programs in Germany and UK
- Courses taught: Group Counseling; Counseling Theories; Foundations of School Counseling; Human Relations, Methods, and Skills; Statistics and Research Design; Evaluation and Assessment; Consultation, Practicum and Internship in School Counseling.

Visiting Assistant Professor of Counselor Education and Coordinator,
Clinical Mental Health/Marriage and Family Therapy Programs,
Stetson University, DeLand, Florida, 2010-2011

- Hosted monthly student recruitment events, Celebration Campus
- Faculty Advisor, Chi Sigma Iota
- Courses taught: Human Development, Evaluation and Assessment; Consultation; Human Relations, Skills, and Methods; Counseling Theories

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Adjunct Faculty, Counselor Education and Counseling Supervisor, UCF Community Counseling Clinic: *University of Central Florida, Orlando, FL, Summer 2009, Spring 2010*

Courses taught: Counseling Practicum, Group Process and Theory

Adjunct Faculty, *Rollins College, Winter Park, FL, Fall 2009, Summer 2010*

Courses taught: Fundamentals of Research, Statistics, and Program Evaluation; Advanced Theory and Practice of Group Counseling

Adjunct Faculty, *Stetson University, DeLand and Celebration, FL, Fall 2009, Spring 2010, Summer 2010*

Courses taught: Evaluation and Assessment Procedures; Consultation; Human Relations, Methods, and Skills; Group Counseling

Graduate Teaching/Supervision, *University of Central Florida, Orlando, Florida, 2006-2009.*

- Facilitated experiential counseling groups for students in master's level counselor preparation program as part of their training in group counseling, Fall 2006, Spring 2007, Summer 2008.
- Taught Techniques in Counseling (graduate class), Fall 2007.
- Co-taught Practicum in Counselor Education (graduate class), Fall 2007.
- Provided dyadic supervision of master's counseling practicum students, Fall 2007, Spring 2008.
- Taught Group Theories and Process (graduate class), Spring 2008.
- Presented as a Guest Speaker in Techniques in Counseling (MHS 6401): "*Counseling Skills for the School Counselor*" and in Group Counseling (MHS 6500): "*The Use of Cooperative Games in Group Counseling*", Spring 2008.

School Counselor, *Archdiocese of New York, Westchester, New York, 2003-2005.*

- Provided group and individual counseling services to students in grades 4-8.
- Taught life skills, drug abuse prevention and violence prevention, grades pre-K-8.
- Provided consultation and referrals to families.
- Developed and delivered faculty trainings for school faculty. Topics included: *Internet Safety; Emotional Intelligence in Schools; Strategies for Working with the Challenging Student.*
- Developed and delivered parent workshops. Topics included: *Helping your Child with Test Anxiety; Helping your Child with Homework; Keeping your Child Safe on the Internet.*

Student Support Educator, *Frankfurt International School, Oberursel, Germany, 2000-2001.*

- Taught resource/subject support.
- Developed Action Plans for students on caseload.

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- Developed and co-lead academic skills groups for middle school students.
- Provided assessment services.
- Provided consultations for general education classroom teachers.

School Counselor, *New York City Public Schools, Bronx, New York, 1998-1999.*

- Provided individual and group counseling to special education students in compliance with their Individual Education Plans.
- Provided developmental classroom guidance for middle grades, which addressed topics including emotional intelligence, values clarification and anger management.
- Held responsibility for the school's Attendance Improvement and Drop-out Prevention Program.

Counselor *for students in alternative secondary school setting/substance abuse treatment program, Breakaway, Yonkers, New York, 1997-1999.*

- Provided individual and group counseling services and case management for adolescents in mandated outpatient substance abuse day treatment program.
- Taught students pursuing graduation equivalency diploma.

Instructor *for Child Development and Family Dynamics, Educational Design Consultants, New York, New York, 1995-1997.*

- Developed and taught seminars in cross-cultural training, early childhood development and family dynamics for international young adult population.

Graduate Counseling Intern, *Munich International School, Starnberg, Germany, 1991-1992.*

- Developed and implemented middle grades group counseling program.
- Provided individual counseling services to students.
- Compiled, analyzed and presented data on graduating class.
- Taught International Baccalaureate (IB) psychology to junior and senior students and ethics for middle grades.

AWARDS AND ACADEMIC HONORS

- **Courtland E. Lee Social Justice Award**, presented through the Southern Association for Counselor Education and Supervision, September 2012
- **Provost's Graduate Fellowship**, University of Central Florida, 2007
- Special recognition for graduation with 4.00 graduate-level GPA, Boston University, 1992
- B. S., *magna cum laude*, University of Maryland, 1990

SCHOLARLY CONTRIBUTIONS

Refereed Journal Publications:

CV – S.M. Walter

Thanasiu, P. L., Rust, K. L., & **Walter, S. M.** (2018). Service learning and live supervision as early components in play therapy training. *International Journal of Play Therapy, 27*(2), 103-113.

Roach, L., Noonan, B., & **Walter, S. M.** (Summer 2012). A systemic approach to program evaluation and student learning outcomes in counselor education. *Professional Issues in Counseling.*

Walter, S. M., & Lambie, G. W. (2012). The influence of internship site supervisors on counseling interns' levels of social-cognitive development and occupational stress. *The Practitioner Scholar: Journal of Counseling and Professional Psychology, 1*(1), 9-24.

Walter, S. M., & Thanasiu, P. L. (2011). Enhancing role play activities with pocket camcorder technology: Strategies for counselor educators. *Journal for Creativity in Mental Health, 6*(4), 284–297.

Walter, S. M. (2008). Creating a school counseling program CD-ROM to foster family-middle school engagement. *Journal of Technology in Counseling, 5*(1).

Walter, S. M., Lambie, G. W., & Ngazimbi, E. (2008). A choice theory counseling group succeeds with middle school students who displayed school disciplinary problems. *Middle School Journal, 40*(2), 4-12.

Shillingford, M. A., Lambie, G. W., & **Walter, S. M.** (2007). An integrative, cognitive-behavioral systemic approach to working with students diagnosed with attention-deficit, hyperactive disorder. *Professional School Counseling, 11*(2), 105-112.

Peer referred publications (accepted for publication; under review)

Walter, S. M., & Thanasiu, P. L. (under review). Building a community of allies: The High School Gay Straight Alliance Conference project. *Professional School Counseling.*

Walter, S. M. (accepted for publication). The application of the cognitive information processing model of career development with students in clinical practicum supervision. *The Clinical Supervisor.*

Non peer-referred publications:

Walter, S. M. (Fall 2016). School counselors and pre-K: “Don’t forget the little

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guys”. *NCSCA News*, 11-12.

Walter, S. M. (Spring 2016). Small group counseling: Screening procedures for high school groups. *NCSCA News*, 5-6.

Walter, S. M. (Fall 2015). Solution-focused supervision strategies for school counselor supervisors. *NCSCA News*, 9-10.

Walter, S. M. (2013, January 17). School counselors’ roles vital in the prevention of violence. *The Orlando Sentinel*, p. A16.

Walter, S. M. (2012, May 3). Community of allies needed to discourage bullying of gays. *The Orlando Sentinel*, p. A15.

Walter, S. M. (Spring/Summer 2012). Speak now. *SU Magazine*, 28(3), 66.

Walter, S. M., Lambie, G. W. (Spring 2009). The counseling internship: Supervision experience, developmental levels, and occupational stress of site supervisors and interns. *Spectrum* (Newsletter for the Association for Counselor Education and Supervision).

Additional Scholarly Contributions:

Co-authorship of instructor’s manual to accompany 7th Edition of *Assessment Procedures for Counselors and Helping Professionals* (Drummond & Jones, 2010).

State, National, and International Conference Presentations:

Walter, S. M. “*Creative Assessments in Family Life Coaching*”. Presented at the annual conference of the Family Life Coaching Association, Raleigh, NC (June 2018).

Walter, S. M. “*Cognitive Behavioral Play Therapy Techniques to Help Children with Anxiety*”. Presented at the Johnston County (North Carolina) School Counseling Conference, Smithfield, NC (August 2017).

Walter, S. M. “*The Use of Assessment in Parent Coaching*.” Live webinar for the Family Life Coaching Association, presented June 19, 2017.

Walter, S. M. “*Incorporating Sand Tray in Individual and Group Counseling in Schools*.” Presented at the annual conference of the North Carolina School Counselors Association, Greensboro, NC (November 2016).

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Walter, S. M. “*School Counselor Educator Roundtable*”. Facilitated at the annual conference of the North Carolina School Counselors Association, Greensboro, NC (November 2015).

Thanasiu, P. L., & **Walter, S. M.** “*Creative Strategies for Engaging Children and Adolescents in Counseling*”. Presented at the annual conference of the European Branch of the American Counseling Association, Milan, Italy (September 2014).

Thanasiu, P. L., & **Walter, S. M.**, & Richardson, J. “*Play Therapy and Parent Coaching: Comprehensive Support for Parents and Families*”. Presented at the symposium on mental health, University of Bedfordshire, UK (May 2014).

Walter, S. M., & Richardson, J. “*Parent Coaching: Helping Parents and Caregivers Achieve their Parenting Goals.*” Presented at the annual conference of the American Counseling Association, Honolulu, HI (March 2014.)

Thanasiu P. L., & **Walter, S. M.** “*Creating a High Impact Study Abroad Experience in Counselor Education.*” Presented at the annual conference of the Association for Counselor Educators and Supervisors, Denver, CO (October 2013).

Walter, S. M., & Hall, A. L. “*Results from the High School Gay Straight Alliance Conference*”. Presented at the annual conference of the American School Counseling Association, Philadelphia, PA (July 2013).

Walter, S. M., & Thanasiu, P. L. “*Strengths-Based Consultation Approaches for Counselors*”. Presented at the annual conference of the European Branch of the American Counseling Association, Wiesloch, Germany (November 2012).

Walter, S. M. “*Youth-led Participatory Action Research: Strategies for Professional School Counselors Working toward Youth Empowerment and Social Justice*”. Presented at the American Counseling Association annual conference, San Francisco, CA (March 2012).

Thanasiu, P. L., & **Walter, S. M.** “*Filial Therapy*”. Presented at the annual conference of the European Branch of the American Counseling Association, Bad Herrenalb, Germany (November 2011).

Roach, L., Vanderbleek, L., Thanasiu, P.L., & **Walter, S. M.** “*Understanding Spiritual Principles in Trauma Treatment*”. Presented at the American Counseling Association annual conference, New Orleans, LA (March 2011).

Walter, S. M., Thanasiu, P. L. “*Creative Applications of the ‘Flip’ Camera in Counselor Education*”. Presented at the national conference of the Southern

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Association of Counselor Educators and Supervisors, Williamsburg, VA (October, 2010).

Walter, S. M. “*The Impact of Internship Site Supervisors on Supervisees’ Levels of Ego Development and Occupational Stress*”. Presented at the annual conference of the American Counseling Association Annual Conference, Pittsburgh, PA (March 2010).

Walter, S. M., & Glover, M. Pre-conference Learning Institute: “*The Use of Cooperative Games in Group Counseling: Applications across Age Groups and Settings*.” Presented at the annual conference of the European Branch of the American Counseling Association, Weiskirchen, Germany (November 2009).

Walter, S. M., & Shillingford, M. A. “*Creation of a Counseling DVD: School Counselors in Action: A Demonstration of Roles and Skills*.” Presented at the Association for Counselor Education and Supervision, San Diego, CA (October 2009).

Walter, S. M. “*Supervision Experiences of Counseling Interns’ Site Supervisors*.” University of Central Florida Counseling Conference, Orlando, FL (April 24, 2009).

Jones, K. D., & **Walter, S. M.** “*Counselor Trainees’ Perceptions about Community Counseling and Mental Health Counseling Programs*.” Presented at the Southern Association for Counselor Education and Supervision, Houston, TX (October 23-25, 2008).

Walter, S. M., & Glover, M. Pre-conference Learning Institute: “*The Use of Cooperative Games in Group Counseling: Applications across Age Groups and Settings*.” Presented at the annual conference of the American Counseling Association, 2008 Learning Institute, Honolulu, HI (March 26, 2008).

Walter, S. M. “*Choice Theory: A Framework for a Group Counseling Intervention for Students with School Disciplinary Problems*.” Presented at the annual conference of the European Branch of the American Counseling Association, Bad Herrenalb, Germany (November 1-2, 2007).

Glover, M., Ngazimbi, E., Patel, S., Shillingford, M. A., & **Walter, S. M.** “*Reflections of a First-Year Doctoral Cohort: A Phenomenological Study*.” Presented at the annual conference of the Association for Counselor Education and Supervision, Columbus, OH (October 10-14, 2007).

Walter, S. M., & Shillingford, M. A. “*Alternative Strategies for the Ongoing Supervision of Professional School Counselors*.” Presented at the annual conference

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of the Association for Counselor Education and Supervision, Columbus, OH
(October 10-14, 2007).

Walter, S. M. “*Alternative Strategies for the Ongoing Supervision of Professional School Counselors.*” Presented at the annual conference of the European Branch of the American Counseling Association, Bad Herrenalb, Germany (November 2006).

Casado-Kehoe, M., **Walter, S. M.**, & Chiafalo, J. “*Cancer Support Group: Emotional Aspects of Cancer.*” Presented at the annual conference of the European Branch of the American Counseling Association, Bad Herrenalb, Germany (November 2006)

Media Appearances and Interviews

- Invited guest, Fox 35 Orlando (FL). Appeared on “*Good Day Orlando*” in my role as Assistant Professor of Counselor Education and Parent Coach for live television interviews on the following parenting-related topics:
 - “Should parents ask their children to help pay for college?”, February 13, 2014
 - “Kids and technology”, February 25, 2014
 - “Can babies learn to read?”, March 6, 2014
 - “Excessive homework”, March 19, 2014
 - “Overprotective parents”, April 2, 2014
- Invited guest, Deltona TV, “*Child Safety Program: Bullying*”. Produced by the Volusia County (FL) Health Department/State of Florida, 2014
- Media interview: Parade magazine, “5 Great Reasons to Play Games with Your Family”; April 25, 2013.
- Media interview: Daytona Beach News-Journal, “Bullying Prevention in Schools”, July 13, 2012.

ADVISING ACTIVITIES, 2015-present

Doctoral Dissertation Committee Member

Spring 2018 – present, Abby Ampuja

Undergraduate Honors Thesis Supervision

Fall 2016 – Spring 2017, Melissa Walsh: “Suicide Awareness, Prevention, and Intervention Education of Middle School Teachers in North Carolina”

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Spring 2019, Anna Claire Riggins: “School Counselors’ Role in Fostering School Belonging among Latinx Youth”

GRANTS

Principal Investigator and Project Director (University of North Carolina at Chapel Hill):

September 2016 – September 2017: “*Enhancing the Capacity for Professional School Counselors to Meet the Behavioral Health Needs of At-risk Children and Youth in North Carolina*”, \$227,966, U.S. Department of Health and Human Services, Human Resource Services Administration.

PROFESSIONAL SERVICE and LEADERSHIP

To the Discipline

- Invited **guest presenter** for the Stetson University Play Therapy Certificate Program, DeLand, FL (June 2018).
- Invited **presenter** at SAS Work/Life and EAP Center, Cary, NC: “*Effective Discipline Strategies for Teens: A Discussion Group for Parents*” (January 2018).
- Invited **member**, North Carolina School Counselor Association Awards Committee (September-October 2017; September-October 2018).
- Invited **presenter** at the Johnston County Public Schools (North Carolina) professional learning community for elementary school counselors: “*Play Counseling Techniques for Elementary School Counselors*” (February 2017).
- Invited **presenter** at the Chapel Hill Carrboro Public Schools (North Carolina) professional learning community for elementary school counselors: “*Incorporating Sand Tray Therapy in Individual and Group Counseling in Elementary Schools*” (December 2016).
- Invited **panel member**, “*Teenagers and Technology*”, hosted at the Hawbridge School, Saxapahaw, North Carolina (October 2016).
- Invited **member**, New School Counseling Program Review Committee, North Carolina Department of Public Instruction, Raleigh, North Carolina (May-July, 2016; April 2017).
- **Board Member**: Counselor Educator Liaison, North Carolina School Counselor Association (Fall 2014 – Spring 2016).

- Parent **workshop presentations** (“*Emotion Coaching*”), Parent Academy – Bonlee School, Chatham County, North Carolina (February 2016).
- **Member**, North Carolina state ethics review committee (sub-committee on transgender student issues), North Carolina School Counselor Association (2015-2016).
- Invited **panel member**, “*Social Services Careers*”, hosted at Poinciana High School (Osceola County [FL] School District, March 2014).
- Stetson University “Values Day” **workshop presentation**: “*My Values, My Career*” (career development presentation to undergraduate students, co-presented with Dr. Page Thanasiu) (September 2013).
- **Internal consultant**, Stetson University School of Law, Gulfport, FL. Provided consultation on survey development and implementation (April 2013).
- **Workshop presentation**: *Preventing Job Stress and Burnout*. Presented to Stetson University Campus Life and Student Success staff (April 2013).
- Invited **panel member**, Stetson University’s community forum on Mental Health in Schools (March 2013).
- **Member**, Ally Development Task Force, Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (2012).
- **Volunteer facilitator**, Spruce Creek High School (Port Orange, FL) Gay Straight Alliance club (2011-2012).
- Invited **guest speaker** for career development, University of Central Florida undergraduate classes (October 2011).
- **Group Counselor**: parenting/child abuse prevention program, Central Florida Dream Center, Sanford, FL (2009 – 2010).
- Invited **guest speaker** at the career meeting for the University of Central Florida Psychological Society (February 2009). Topic: Introduction to the profession of counseling.
- **Volunteer** for Awards and Scholarship Committee of the Florida School Counselor Association (Spring 2008).

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- **Junior Achievement 8th grade Classroom Educator** for life skills in Seminole County Schools, Florida (2005).
- **Group Facilitator**, “Love Shouldn’t Hurt” Conference to combat violence in teen dating relationships, hosted by the Junior League of Central Westchester and My Sister’s Place Domestic Violence Shelter, White Plains, New York (2002-2003).
- **Community Educator** (middle and high schools) for violence prevention in teen dating relationships, Westchester County, New York (1997-2000).

Within UNC-Chapel Hill

- **Chair**, School Counseling fixed-term teaching assistant professor search committee, February – March 2019.
- **Invited Judge**, American Bar Association Client Counseling Competition, UNC Chapel Hill School of Law, February 2019.
- **Member**, Program Director for the MA program in Educational Innovation, Technology, and Entrepreneurship search committee (UNC School of Education position) search committee (November 2018-January 2019)
- **School Counseling Program Coordinator**, 2014 – present
 - Direct and coordinate all student recruitment efforts and all aspects of the admissions process
 - Serve as CACREP (Council for Accreditation of Counseling and Related Educational Programs) liaison, completing all mandated reporting requirements and ensuring program compliance
 - Recruitment and organization of internship sites; ongoing coordination of clinical sites
 - Training and orientation of internship site supervisors
 - Coordination and implementation of all program evaluation efforts, including evaluation of student learning outcomes; coordinating and reporting program stakeholder feedback; writing annual program evaluation report; identification and implementation of program improvement goals
 - Represent and advocate for program in Professional Licensure Program (PLP) meetings (now LDPS)
- **Elected Representative** for faculty in the School of Education on the Faculty Council (2017-2018; 2018 - 2021).

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- **Member**, Data Manager (UNC School of Education position) search committee (October 2017 – February 2018).
- **Member**, Taskforce on Carolina Center for Educational Excellence (September 2016- April 2017).

PROFESSIONAL DEVELOPMENT

- Invited participant, Faculty Administrator Leadership Development Program, the University of North Carolina at Chapel Hill, September 2016 – April 2017
- Faculty development course in online teaching, Capella University, January 2016
- E-qualities Essentials course in online teaching, offered through the Center for Faculty Excellence, University of North Carolina at Chapel Hill, June 2015
- Participant, Multi-cultural Play Therapy conference, UNC Charlotte, 2015, 2016, 2017
- Intensive Adlerian Play Therapy Training, University of Central Florida, May 2015
- Sand Tray Therapy trainings, Levels I – V, Institute of Playful Healing, Altamonte Springs, FL, June 2014 – May 2016
- “Grant Writing USA” workshop, Daytona Beach, FL, March 2014
- Certified Gottman Educator, Seattle, WA, October 2013
- Parent Coaching Certificate Program, Concordia University, St. Paul, Minnesota, August 2013
- Gottman Level I Couples Therapy Certification, Tampa, FL, June 2013
- Approved facilitator, “Circle of Parents” parent support group, June 2013
- “Foundations of Motivational Interviewing”: 10-hour course, Mid-Atlantic Addiction Technology Transfer Network and Virginia Commonwealth University, October 15, 2012 – November 19, 2012

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- Summer Research Institute, University of New Mexico at Albuquerque: “Community Based Participatory Research and Indigenous Knowledge”. May 30-June 4, 2011
- Center for Trauma Psychology: 20-hour Basic School and Community-Based Traumatic Incident Stress Management, October, 2004, Bronx, New York
- Professional development seminars hosted by the Archdiocese of New York Drug Abuse Prevention Program, 2002-2005:
 - Depression in Children
 - Media Technology & Its Impact on Children
 - Real Boys: The Difficulties and Dilemmas of Working with Boys
 - Stress Management
 - Prevention of Bias, Prejudice, Harassment & Hate Crimes
 - Bereavement
 - Motivational Interview Training
 - Working with Adolescent Group Work Obstacles
 - Eating Disorders
 - Working with Adolescents who Self-injure
- Certified Alcohol and Substance Abuse Counselor (CASAC) Education Program, Marymount Manhattan College, New York NY June, 2002 – December 2002
- ADHD Management Seminar, International Psychological Services, Glasgow, Scotland, May, 2001.
- Alton Conference 2001, “Social Interaction Skills”, Helen Arkell Dyslexia Centre, Alton, Hampshire, UK, March 3, 2001.
- Completion of accredited course on the THRASS phonographic resources, British School of Amsterdam, Netherlands, 11-12 November, 2000.

PROFESSIONAL AFFILIATIONS

- North Carolina School Counselor Association (NSCSA)
- American Counseling Association (ACA)
- European Branch of the American Counseling Association (EB-ACA)
- American School Counselor Association (ASCA)
- Association for Counselor Education and Supervision (ACES)
- Southern Association for Counselor Education and Supervision (SACES)
- Association for Specialists in Group Work (ASGW)
- Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC)

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- Family Life Coaching Association (FLCA), Founding Member and Board Member