

CURRICULUM VITAE (2/2023)

**DANA FRANCES RIGER**

*Clinical Assistant Professor of Human Development & Family Science*

**CONTACT INFORMATION**

University of North Carolina at Chapel Hill  
2010G Peabody Hall  
Chapel Hill, NC 27599-3500

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**EDUCATION**

Virginia Tech, Blacksburg, VA 2017  
**Doctor of Philosophy**, Human Development (Marriage & Family Therapy)  
Hofstra University, Hempstead, NY 2013  
**Master of Arts**, Marriage and Family Therapy  
Indiana University, Bloomington, IN 2006  
**Bachelor of Arts**, Gender Studies

**PROFESSIONAL EXPERIENCE**

University of North Carolina at Chapel Hill, Chapel Hill, NC 2019 - Present  
**Clinical Assistant Professor**, School of Education  
University of Vermont, Burlington, VT 2018 - 2019  
**Lecturer**, Department of Leadership and Developmental Sciences  
Antioch University, Keene, NH 2017 - 2018  
**Postdoctoral Teaching Fellow**, Department of Applied Psychology  
**Clinical Supervisor**, AAMFT Approved Supervisor  
**Clinical Intern**, Marriage and Family Therapy Fellowship  
Mercer Family Therapy Center, Macon, GA 2016 - 2017  
**Doctoral Teaching Intern**, School of Medicine  
**Clinical Supervisor**, AAMFT Approved Supervisor Candidate  
**Clinical Intern**, Marriage and Family Therapy Internship  
Virginia Tech, Blacksburg, VA  
**Instructor of Record**, Department of Human Development 2014 - 2016  
**Clinical Intern**, Family Therapy Center of Virginia Tech 2014 - 2016  
**Graduate Assistant**, Department of Human Development 2015 - 2016  
**Graduate Teaching Assistant**, Department of Human Development Fall 2013  
**Graduate Research Assistant**, Department of Human Development 2013 - 2014  
Radford University, Radford, VA 2014 - 2016  
**Guest Lecturer**, Department of Counselor Education  
Virginia Association for Marriage and Family Therapy, Richmond, VA 2014 - 2016  
**Social Media Consultant**  
Outreach Project, Ridgewood, NY 2012 - 2013  
**Clinical Extern**, Family Therapy Department  
Hofstra University, Hempstead, NY  
**Clinical Intern**, Saltzman Community Services Center 2011 - 2012  
**Graduate Research Assistant**, Department of Counseling Spring 2011

Navigant Consulting, New York, NY ( <i>formerly Daylight Forensic &amp; Advisory</i> )	
<b>Receptionist/Administrative Assistant</b>	2006-2007
<b>Consultant</b>	2007-2010
<b>Senior Consultant</b>	2010-2012

#### ACADEMIC SERVICE

University of North Carolina at Chapel Hill, Chapel Hill, NC	
<b>UNC Committee on Generative AI</b> , SOE Representative	2023 - Present
<b>Glow Through Sports at UNC</b> , Faculty Advisor	2023 - Present
<b>SOE Faculty Executive Committee</b> , Clinical Faculty Representative	2022 - Present
<b>Carolina Union</b> , Board Member	2021 - 2022
<b>Happy Kids Healthy Kids</b> , Faculty Advisor	2020 - 2022
<b>School of Education</b> , DEI Book Club Facilitator	2020 - Present
<b>School of Education</b> , Peer Teaching Observation Committee Member	2021
<b>School of Education</b> , Course Evaluation Committee Member	2021
Antioch University New England, Keene, NH	2017 - 2018
<b>Justice League Council Member</b>	
Mercer University, Macon, GA	2016 - 2017
<b>Faculty Sponsor for Student Research</b>	
Virginia Tech, Blacksburg, VA	
<b>Graduate Student Assembly Representative</b>	2014 - 2015
<b>Graduate Mentor</b>	
Social Media + Society	2018 - Present
<b>Ad-Hoc Review</b>	
Journal of Marital and Family Therapy	2013 - Present
<b>Ad-Hoc Reviewer</b>	
American Association for Marriage and Family Therapy	2017 - Present
<b>Abstract Reviewer</b>	

#### INVITED LECTURES

University of North Carolina at Chapel Hill	
School of Dentistry, <b>Leveraging AI for Dental Education</b> , 2023	
Center for Faculty Excellence, <b>AI Course Integration</b> , 2023	
Office of the Provost Faculty Training Series, <b>Prompting AI for Teaching</b> , 2023	
Critical Reflections on Racial Equity, Inc	
Equity in Education Series, <b>Gender &amp; Sexual Development &amp; School Equity</b> , 2023	
Equity in Education Series, <b>Mental Health &amp; School Equity</b> , 2023	
University of Wisconsin-Stout, Sex Therapy Certification Program	
<b>Distortion &amp; Modification of Online Dating Narratives</b> , 2021	
Contact Holdings, LLC, SEL Series for the North Carolina Department of Education	
<b>Social &amp; Emotional Learning Over the Lifespan</b> , 2021	
<b>Gender &amp; Sexual Development in Childhood &amp; Adolescence</b> , 2021	
<b>Family Systems Theories &amp; Applications</b> , 2021	
University of North Carolina at Chapel Hill, Chapel Hill, NC.	
Musical Empowerment at UNC-Chapel Hill, <b>Building Rapport Online</b> , 2020	

Gillings School of Public Health (MHCH 701: Foundations of Maternal and Child Health), **Health Outcomes for LGBTQ+ Youth**, 2020

### **RECOGNITIONS & AWARDS**

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University of North Carolina at Chapel Hill, Chapel Hill, NC	
Center for Faculty Excellence	
<b>Chapman Family Teaching Award</b> , SOE Nominee	2023
School of Education	
<b>Teaching Excellence Award</b> , Winner	2022
(\$1,000 honorarium)	
School of Education	
<b>Teaching Excellence Award</b> , Finalist	2021
Virginia Tech, Blacksburg, VA	
Graduate School	
<b>Graduate Student Teaching Excellence Award</b> , Winner	2016
(\$1,000 honorarium)	
Center for Instructional Development and Educational Research	
<b>“Thank a Teacher” Program</b> , Recipient	2015

### **CONFERENCE PRESENTATIONS**

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**Riger, D.** & Conroy, N. (2023, November 10). *Leveraging AI for Family Science Instruction* [Interactive remote poster presentation]. Annual Conference of the National Council on Family Relations. Orland, FL. <https://www.ncfr.org/ncfr-2023>

**Riger, D.** (2023, September 24). *Embracing Humanity in AI-Integrated Assessment*. [Workshop]. Teaching & Learning with Artificial Intelligence Conference, University of Central Florida. Orlando, FL. <https://digitallearning.ucf.edu/teachwithai/>

**Riger, D.**, Abels, K., & Anderson, D. (2023, March 23). *Integrating AI into Writing Assignments* [Panel discussion] Center for Faculty Excellence Faculty Showcase on Teaching. University of North Carolina at Chapel Hill. Chapel Hill, NC. <https://cfe.unc.edu/teaching-and-learning/learn-from-others/faculty-showcase/>

**Riger, D.** & Stillwell, D. (2022, September 7-10). *The changing environment of relationship formation & the persistent stigma of online dating* [Conference presentation]. Annual Conference of the European Family Therapy Association, Ljubljana, Slovenia. <https://efta2022ljubljan.org/>

**Riger, D.** & Stillwell, D. (2022, September 7-10). *Systemic teletherapy during covid: client experiences & best practices for systemic therapists* [Symposium presentation]. Annual Conference of the European Family Therapy Association, Ljubljana, Slovenia. <https://efta2022ljubljan.org/>

Stillwell, D. & **Riger, D.** (2022, September 7-10). *A new tool for emotional processing* [Conference presentation]. Annual Conference of the European Family Therapy Association, Ljubljana, Slovenia. <https://efta2022ljubljan.org/>

Stillwell, D. & **Riger, D.** (2022, September 7-10). *Ethical non-monogamy and the future of relationships* [Conference presentation]. Annual Conference of the European Family Therapy Association, Ljubljana, Slovenia. <https://efta2022ljubljana.org/>

Meier, C., **Riger, D.**, & Morgan-Sowada, H. (2021, November 2-5). “*It’s Splendid Once You Grow into It: Client experiences of relational teletherapy in the era of COVID-19.* [Paper presentation]. Annual Conference of the National Council on Family Relations Annual Conference, Virtual Conference. <https://www.ncfr.org/ncfr-2021>

**Riger, D.** & West, J. (2020, November 12-13). *Creating MFT Pipelines through Undergraduate Collaboration* [Conference presentation]. Annual Conference of the American Association for Marriage and Family Therapy, Orlando, FL. (Session cancelled due to COVID)

**Riger, D.** (2017, October 5-8). “*So, how did you two meet?*” *A narrative therapy approach to working with couples who met online.* [Workshop presentation]. Annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA. <https://networks.aamft.org/conference/home>

Meyer, A., Stinson, M., Templeton, G., **Riger, D.**, and Cooke, A. (2017, October 5-8). *Youth and families with abuse: MFTs in children’s advocacy centers* [Conference presentation]. Annual Conference of the American Association for Marriage and Family Therapy, Atlanta, GA. <https://networks.aamft.org/conference/home>

Tsokodayi, R, Lane, C., Lee, S., **Riger, D.**, and Riley, A. (2016, November 2-6) *Smartphone impacts on parent/ guardian attachment of undergraduates* [Poster presentation]. Annual conference for the National Council on Family Relations, Minneapolis, MN. <https://www.ncfr.org/ncfr-2016>

**Riger, D.** (2016, April 21-23) *Pseudonymity in location-based social discovery apps and the visibility of gender and sexual identity* [Workshop presentation]. Biannual Gender, Bodies & Technology Conference, Roanoke, VA. [https://martinasvyantek.files.wordpress.com/2017/03/gbt2016\\_program.pdf](https://martinasvyantek.files.wordpress.com/2017/03/gbt2016_program.pdf)

**Riger, D.** & Richardson, K.L. (2016, February 10-12). *Up vote, down vote: Collective content modulation and informal learning on yik yak.* Paper presented at the annual Conference for Higher Education Pedagogy. Blacksburg, VA. <https://chep.teaching.vt.edu/>

**Riger, D.** (2015, September 3-6). *Interpersonal attunement in the digital age: MFT considerations* [Digital poster presentation]. Annual Conference for the American Association for Marriage and Family Therapy, Austin, TX. <https://aamft.org>

**Riger, D.**, Voskanova, C., Haugen, E., & Piercy, F. (2014, November 19-22). *What marriage and family therapists tell us about improving couple relationships through technology* [Poster presentation]. Annual conference for the National Council on Family Relations, Baltimore, MD. <https://www.ncfr.org/ncfr-2014>

Grafsky, E., **Riger, D.**, Haugen, E., & Cox, N. (2014, May 1-3). *Challenging gender and sexual binaries in a web-based intervention for LGBTQ+ youth* [Paper presentation]. Biannual Gender, Bodies & Technology Conference. Blacksburg, VA.

Grafsky, E. & **Riger, D.** (2013, November 6-9). *Community-based participatory intervention development for sexual minority youth* [Poster symposium]. Annual conference of the National Council on Family Relations Conference, San Antonio, TX. <https://www.ncfr.org/ncfr-2013>

## GRANTS

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University of North Carolina at Chapel Hill

Office of the Vice Provost for Global Affairs 2023 - Present  
 Collaborative Online International Learning (COIL) Grant (\$4,000)  
**Leveraging AI to Foster Intercultural Collaboration and Competence in HDFS**

## PUBLICATIONS

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Maier, C., **Riger, D.**, and Morgan-Sowada, H. (2021), "It's splendid once you grow into it:" Client experiences of relational teletherapy in the era of COVID-19. *Journal of Marital and Family Therapy*, 47(2), 304-319. <https://doi.org/10.1111/jmft.12508>

Piercy, F. P., Earl, R. M., Aldrich, R. K., Nguyen, H. N., Steelman, S. M., Haugen, E., **Riger, D.**, Tsokodayi, R. T., West, J., Keskin, Y., & Gary, E. (2016). Most and least meaningful learning experiences in marriage and family therapy education. *Journal of Marital and Family Therapy*, 42(4), 584-598. <https://doi.org/10.1111/jmft.12176>

Piercy, F., **Riger, D.**, Voskanova, C., Chang, W., Haugen, E., & Sturdivant, L. (2015). What marriage and family therapists tell us about improving couple relationships through technology. In C. Bruess (Ed.), *Family communication in an age of digital and social media*. Peter Lang.

**Riger, D.**, Heffez, J. & Miller, E. (2011). The effects of online dating and mating in romantic relationships. In Atwood, Joan and Gallo, Conchetta (Eds.), *The Effects of the Internet on Social Relationships: Therapeutic Considerations* (pp. 83-110). iUniverse.

## RESEARCH ADVISEMENT

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University of North Carolina at Chapel Hill, Chapel Hill, NC

Meredith Marion, **Honors Thesis Reader** (2024-Present)

Kayla Malone, **Dissertation Committee Member** (2023-Present)

Daly Barnett, **Honors Thesis Advisor** (2023-Present)

Logan Hartley, **Dissertation Committee Member** (2022-Present)

Maura O'Sullivan, **Honors Project Advisor** (2022)

Sophie Litwin, **Dissertation Committee Member** (2022-Present)

Meagan Padro, **Dissertation Committee Member** (2022-Present)

Kimberly Liles, **Honors Thesis Advisor** (2022-2023)

Christopher Morgan, **Honors Project & Thesis Advisor** (2021-2022)

Bethann Mwombela, **Honors Thesis Reader** (2019)

Antioch University, Keene, NH

Rachel Riverwood, **Dissertation Committee Member** (2018-2020)

Deepa Patel, **Dissertation Committee Member** (2018-2020)

### **PROFESSIONAL ORGANIZATIONS**

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American Association for Marriage and Family Therapy (AAMFT) <b>AAMFT Approved Supervisor</b> <b>Pre-Clinical Fellow</b> <b>Family TEAM Member</b>	2009 - Present
National Council on Family Relations (NCFR) <b>Family Therapy Section Member</b>	2013 - Present

### **LANGUAGES**

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Non-native fluency in Brazilian Portuguese

### **COURSES TAUGHT**

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#### **Undergraduate**

HD 1004 Child & Adolescent Development  
 HD 2304 Family Relationships  
 HD 2314 Human Sexuality  
 HDFS 001 Introduction to Human Development & Service-Learning  
 HDFS 005 Introduction to Human Development  
 HDFS 060 Family Context of Development  
 HDFS 065 Human Relationships & Sexuality  
 HDFS 189 Theories of Human Development  
 HDFS 260 Family Ecosystems  
 EDUC 181 Introduction to Human Development & Family Science  
 EDUC 375 Identity & Sexuality  
 EDUC 532 Development & Learning  
 EDUC 605 Family Systems & Policy  
 EDUC 698 Internship Seminar

#### **Master's**

MFST 686 Human Development Lifespan  
 MFST 683 Family Therapy Theories I  
 MFST 684 Family Therapy Theories II  
 MFST 685 Addictions Processes in Families  
 MFST 693 Grief and Loss  
 MFST 696 Family Therapy Practicum  
 PYI 5190 Human Sexuality & Sex Therapy  
 EDCO 291 Sex Therapy I  
 EDCO 291 Sex Therapy II  
 EDUC 827 Human Development

#### **Doctoral**

EDUC 862 College Teaching & Professional Development  
 MFTT 7020 Advanced Systemic/Relational Clinical Theories

MFTR 7090A Intro to Teaching, Consultation & Leadership  
MFTR 7190 Teaching, Consultation & Leadership Applications  
MFTR 7401 Doctoral Professional Seminar  
MFTR 7920 Advanced Research Methods: Program Evaluation  
MFTR 7950 Advanced Research Methods: Applications  
MFTR 8000 Dissertation Seminar  
MFTI 7040A Family Policy in MFT  
MFTI 7040A Family Policy & Advocacy  
MFTI 7040A Relational/Systemic Approaches to Contemporary Challenges  
MFTR 7460 Doctoral Practicum