

CURRICULUM VITAE (3/2025)

DANA FRANCES RIGER

Clinical Associate Professor of Human Development & Family Science

University of North Carolina at Chapel Hill

CONTACT INFORMATION

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EDUCATION

Virginia Tech, Blacksburg, VA 2017
Doctor of Philosophy, Human Development (Marriage & Family Therapy)
Hofstra University, Hempstead, NY 2013
Master of Arts, Marriage and Family Therapy
Indiana University, Bloomington, IN 2006
Bachelor of Arts, Gender Studies

ACADEMIC EXPERIENCE

University of North Carolina at Chapel Hill, Chapel Hill, NC
Clinical Associate Professor, School of Education 2025-Present
Faculty Fellow for GenAI, Center for Faculty Excellence 2024-Present
Clinical Assistant Professor, School of Education 2019-2024
University of Vermont, Burlington, VT
Lecturer, Department of Leadership and Developmental Sciences 2018-2019
Antioch University, Keene, NH
Postdoctoral Teaching Fellow, Department of Applied Psychology 2017-2018
Mercer Family Therapy Center, Macon, GA
Doctoral Teaching Intern, School of Medicine 2016-2017
Virginia Tech, Blacksburg, VA
Instructor of Record, Department of Human Development 2014-2016

CLINICAL & PROFESSIONAL EXPERIENCE

Antioch University, Keene, NH 2017-2018
Clinical Supervisor, AAMFT Approved Supervisor
Clinical Intern, Marriage and Family Therapy Fellowship
Mercer Family Therapy Center, Macon, GA 2016-2017
Clinical Supervisor, AAMFT Approved Supervisor Candidate
Clinical Intern, Marriage and Family Therapy Internship
Virginia Tech, Blacksburg, VA 2014-2016
Clinical Intern, Family Therapy Center of Virginia Tech
Outreach Project, Ridgewood, NY 2012-2013
Clinical Extern, Family Therapy Department
Hofstra University, Hempstead, NY 2011-2012

Clinical Intern, Saltzman Community Services Center
 Navigant Consulting, New York, NY 2006-2012
Consultant, Anti-Money Laundering & Investigative Due Diligence

ACADEMIC SERVICE

University of North Carolina at Chapel Hill, Chapel Hill, NC

GenAI Undergraduate Course Workgroup , Faculty Consultant	2024
School of Education , Teaching Excellence Award Chair	2023-2026
UNC Committee on Generative AI , SOE Representative	2023-2024
Artful Minds @ UNC , Faculty Advisor,	April 2024-Present
Glow Through Sports at UNC , Faculty Advisor	2023-Present
SOE Faculty Executive Committee , Clinical Faculty Representative	2022-Present
Carolina Union , Board Member	2021-2022
Happy Kids Healthy Kids , Faculty Advisor	2020-2022
School of Education , DEI Book Club Facilitator	2020-Present
School of Education , Peer Teaching Observation Committee Member	2021-2022
School of Education , Course Evaluation Committee Member	2021-2022
Sexual and Relationship Therapy, Ad-Hoc Reviewer	2024-Present
Social Media + Society, Ad-Hoc Reviewer	2018-Present
Teaching & Learning with AI, Conference Reviewer	2024-Present
Journal of Marital and Family Therapy, Ad-Hoc Reviewer	2013-Present
National Council on Family Relations, Conference Reviewer	2016-Present
American Association for Marriage and Family Therapy, Conference Reviewer	2017-Present
Antioch University New England, Keene, NH, Justice League Council Member	2017-2018
Mercer University, Macon, GA, Faculty Sponsor for Student Research	2016-2017

RECOGNITIONS & AWARDS

University of North Carolina at Chapel Hill, Chapel Hill, NC

Office of the Provost (<i>university-level award</i>)	
Chapman Family Teaching Award , Winner (\$30,000 award)	2025
School of Education (<i>school-level award</i>)	
Teaching Excellence Award , Winner (\$1,000 honorarium)	2022
Teaching Excellence Award , Finalist	2021
Virginia Tech, Blacksburg, VA	
VT Graduate School (<i>university-level award</i>)	
Teaching Excellence Award , Winner (\$1,000 honorarium)	2016
Center for Instructional Development and Educational Research	
"Thank a Teacher" Program , Recipient	2015

STUDENT ADVISEMENT

University of North Carolina at Chapel Hill, Chapel Hill, NC

Taylor Molina, Honors Thesis Reader (2025)
Kiara Rodriguez, Honors Thesis Reader (2025)
Taylah Smith, Honors Project Advisor (2025)
Madison Midea, Honors Thesis Advisor (2024-Present)
Kiera Walker, Dissertation Committee Member (2024)

Meredith Marion, **Honors Thesis Reader** (2024)
 Kayla Malone, **Dissertation Committee Member** (2023-Present)
 Daly Barnett, **Honors Thesis Advisor** (2023-2024)
 Logan Hartley, **Dissertation Committee Member** (2022-Present)
 Maura O’Sullivan, **Honors Project Advisor** (2022)
 Sophie Litwin, **Dissertation Committee Member** (2022-2024)
 Meagan Padro, **Dissertation Committee Member** (2022-2024)
 Kimberly Liles, **Honors Thesis Advisor** (2022-2023)
 Christopher Morgan, **Honors Project & Thesis Advisor** (2021-2022)
 Bethann Mwombela, **Honors Thesis Reader** (2019)

Antioch University, Keene, NH

Rachel Riverwood, **Dissertation Committee Member** (2018-2020)
 Deepa Patel, **Dissertation Committee Member** (2018-2020)

PUBLICATIONS

Mills-Koonce, W. R., Bracy, M., Frederick, H., Hall, W., Lippold, M., & **Riger, D.** (2023). Sexual orientation: LGBTQ adolescent health and well-being. Encyclopedia of child and adolescent health, first edition (pp.124-134)<https://doi.org/10.1016/B978-0-12-818872-9.001795>

Maier, C., **Riger, D.**, and Morgan-Sowada, H. (2021), “It’s splendid once you grow into it:” Client experiences of relational teletherapy in the era of COVID-19. *Journal of Marital and Family Therapy*, 47(2), 304-319. <https://doi.org/10.1111/jmft.12508>

Riger, D.F. (2017). *Perceptions of Stigma in Online Dating Narratives: Implications for Marriage and Family Therapists*. [Doctoral dissertation, Virginia Tech].

Piercy, F. P., Earl, R. M., Aldrich, R. K., Nguyen, H. N., Steelman, S. M., Haugen, E., **Riger, D.**, Tsokodayi, R. T., West, J., Keskin, Y., & Gary, E. (2016). Most and least meaningful learning experiences in marriage and family therapy education. *Journal of Marital and Family Therapy*, 42(4), 584-598. <https://doi.org/10.1111/jmft.12176>

Piercy, F., **Riger, D.**, Voskanova, C., Chang, W., Haugen, E., & Sturdivant, L. (2015). What marriage and family therapists tell us about improving couple relationships through technology. In C. Bruess (Ed.), *Family communication in an age of digital and social media*. Peter Lang.

Riger, D., Hefez, J. & Miller, E. (2011). The effects of online dating and mating in romantic relationships. In Atwood, Joan and Gallo, Conchetta (Eds.), *The Effects of the Internet on Social Relationships: Therapeutic Considerations* (pp. 83-110). iUniverse.

*Graduate student **Undergraduate student

GRANTS

University of North Carolina at Chapel Hill

Office of the Vice Provost for Global Affairs

2023-2024

Collaborative Online International Learning (COIL) Grant (\$4,000)

Leveraging AI to Foster Intercultural Collaboration and Competence in HDFS

CONFERENCE PRESENTATIONS & PANELS

Riger, D., Nieh, H. & Wang, S.* (2024, November 21). *Enhancing Intercultural Competence and AI Literacy in HDFS via COIL (Collaborative Online International Learning)*. [Paper Presentation]. Annual Conference of the National Council on Family Relations, Bellevue, WA. <https://www.ncfr.org/ncfr-2024>

Riger, D. (2024, November 1). *Human Versus Machine: Defining the Educator's Role in the AI Era* [Workshop]. 2024 NEXT Conference, University of Akron. Akron, OH. <https://uakron.edu/next/>

Riger, D. (2024, July 23). *Navigating the Global Classroom: Integrating AI in International Collaborative Learning*. [Workshop]. Teaching & Learning with AI Conference, University of Central Florida. Orlando, FL. <https://digitallearning.ucf.edu/teachwithai/> **

Cherner, T. & **Riger, D.** (2024, July 23). *Don't Lose Your Voice! Strategies for Using LLMs to Improve Student Writing* [Workshop]. Teaching & Learning with AI Conference, University of Central Florida. Orlando, FL. <https://digitallearning.ucf.edu/teachwithai/>**

Riger, D. (2024, May 10). *Integrating Emotional Intelligence with Family Engagement*. Enhancing School Climate Conference, Roscoe Central School District, Roscoe, NY.

Riger, D., Robinson, M., Letzler, J., Dungan, C., & Jackson, B. (2023, July 28). AI Forum on Education. *METE Innovation Showcase & AI Forum*. Friday Conference Center. Chapel Hill, NC. <https://tarheels.live/meite/>

Riger, D. & Conroy, N. (2023, November 10). *Leveraging AI for Family Science Instruction* [Interactive remote poster presentation]. Annual Conference of the National Council on Family Relations. Orlando, FL. <https://www.ncfr.org/ncfr-2023>

Riger, D. (2023, September 24). *Embracing Humanity in AI-Integrated Assessment*. [Workshop]. Teaching & Learning with Artificial Intelligence Conference, University of Central Florida. Orlando, FL. <https://digitallearning.ucf.edu/teachwithai/>

Riger, D., Abels, K., & Anderson, D. (2023, March 23). *Integrating AI into Writing Assignments* [Panel discussion] Center for Faculty Excellence Faculty Showcase on Teaching. University of North Carolina at Chapel Hill. Chapel Hill, NC. <https://cfe.unc.edu/teaching-and-learning/learn-from-others/faculty-showcase/>

Riger, D. & Stillwell, D. (2022, September 7-10). *The changing environment of relationship formation & the persistent stigma of online dating* [Conference presentation]. Annual Conference of the European Family Therapy Association, Ljubljana, Slovenia. <https://efta2022ljublana.org/>

Riger, D. & Stillwell, D. (2022, September 7-10). *Systemic teletherapy during covid: client experiences & best practices for systemic therapists* [Symposium presentation]. Annual Conference of the European Family Therapy Association, Ljubljana, Slovenia. <https://efta2022ljubljan.org/>

Stillwell, D. & **Riger, D.** (2022, September 7-10). *A new tool for emotional processing* [Conference presentation]. Annual Conference of the European Family Therapy Association, Ljubljana, Slovenia. <https://efta2022ljubljan.org/>

Stillwell, D. & **Riger, D.** (2022, September 7-10). *Ethical non-monogamy and the future of relationships* [Conference presentation]. Annual Conference of the European Family Therapy Association, Ljubljana, Slovenia. <https://efta2022ljubljan.org/>

Meier, C., **Riger, D.**, & Morgan-Sowada, H. (2021, November 2-5). *“It’s Splendid Once You Grow into It:” Client experiences of relational teletherapy in the era of COVID-19.* [Paper presentation]. Annual Conference of the National Council on Family Relations Annual Conference, Virtual Conference. <https://www.ncfr.org/ncfr-2021>

Riger, D. & West, J. (2020, November 12-13). *Creating MFT Pipelines through Undergraduate Collaboration* [Conference presentation]. Annual Conference of the American Association for Marriage and Family Therapy, Orlando, FL. (Session cancelled due to COVID)

Riger, D. (2017, October 5-8). *“So, how did you two meet?” A narrative therapy approach to working with couples who met online.* [Workshop presentation]. Annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA. <https://networks.aamft.org/conference/home>

Meyer, A., Stinson, M., Templeton, G., **Riger, D.**, and Cooke, A. (2017, October 5-8). *Youth and families with abuse: MFTs in children’s advocacy centers* [Conference presentation]. Annual Conference of the American Association for Marriage and Family Therapy, Atlanta, GA. <https://networks.aamft.org/conference/home>

Tsokodayi, R, Lane, C., Lee, S., **Riger, D.**, and Riley, A. (2016, November 2-6) *Smartphone impacts on parent/ guardian attachment of undergraduates* [Poster presentation]. Annual conference for the National Council on Family Relations, Minneapolis, MN. <https://www.ncfr.org/ncfr-2016>

Riger, D. (2016, April 21-23) *Pseudonymity in location-based social discovery apps and the visibility of gender and sexual identity* [Workshop presentation]. Biannual Gender, Bodies & Technology Conference, Roanoke, VA. https://martinasvyantek.files.wordpress.com/2017/03/gbt2016_program.pdf

Riger, D. & Richardson, K.L. (2016, February 10-12). *Up vote, down vote: Collective content modulation and informal learning on yik yak.* Paper presented at the annual Conference for Higher Education Pedagogy. Blacksburg, VA. <https://chep.teaching.vt.edu/>

Riger, D. (2015, September 3-6). *Interpersonal attunement in the digital age: MFT considerations* [Digital poster presentation]. Annual Conference for the American Association for Marriage and Family Therapy, Austin, TX. <https://aamft.org>

Riger, D., Voskanova, C., Haugen, E., & Piercy, F. (2014, November 19-22). *What marriage and family therapists tell us about improving couple relationships through technology* [Poster presentation]. Annual conference for the National Council on Family Relations, Baltimore, MD. <https://www.ncfr.org/ncfr-2014>

Grafsky, E., **Riger, D.**, Haugen, E., & Cox, N. (2014, May 1-3). *Challenging gender and sexual binaries in a web-based intervention for LGBTQ+ youth* [Paper presentation]. Biannual Gender, Bodies & Technology Conference. Blacksburg, VA.

Grafsky, E. & **Riger, D.** (2013, November 6-9). *Community-based participatory intervention development for sexual minority youth* [Poster symposium]. Annual conference of the National Council on Family Relations Conference, San Antonio, TX. <https://www.ncfr.org/ncfr-2013>

*Graduate Student

**Due to the global IT outage in July that disrupted air traffic, my flight was canceled, and I was unable to attend.

LECTURES & WORKSHOPS

University of North Carolina at Chapel Hill

Department of Public Policy, *GenAI & Public Policy Instruction*, 2025

Department of Surgery, *AI & Narrative Assessment of Medial Students*, 2025

Department of Biomedical Engineering, *AI in Biomedical Engineering Education*, 2024

Department of Romance Languages, *AI in Language Learning & Teaching*, 2024

Department of Classics, *AI Assessment in Undergrad Classics*, 2024

School of Nursing, *AI Foundations in Nursing*, 2024

Hussman School of Journalism, *Integrating AI into Journalism Education: Practical Strategies for Faculty*, 2024

Department of Sociology, *GenAI in the Classroom*, 2024

Department of Health Sciences, *AI in Practice: Teaching & Student Use*, 2024

Department of Public Health Leadership and Practice, *Developing AI Assessments with a Focus on Ethics and Bias Education*, 2024

School of Dentistry, *Leveraging AI for Dental Education*, 2023

Center for Faculty Excellence, *AI Course Integration*, 2023

Office of the Provost Faculty Training Series, *Prompting AI for Teaching*, 2023

Musical Empowerment at UNC-Chapel Hill, *Building Rapport Online*, 2020

Gillings School of Public Health (MHCH 701: *Foundations of Maternal and Child Health*), *Health Outcomes for LGBTQ+ Youth*, 2020

Critical Reflections on Racial Equity, Inc

Equity in Education Series, *Gender & Sexual Development & School Equity*, 2023

Equity in Education Series, *Mental Health & School Equity*, 2023

University of Wisconsin-Stout, Sex Therapy Certification Program

Distortion & Modification of Online Dating Narratives, 2021

Contact Holdings, LLC, SEL Series for the North Carolina Department of Education

Social & Emotional Learning Over the Lifespan, 2021

Gender & Sexual Development in Childhood & Adolescence, 2021
Family Systems Theories & Applications, 2021

PROFESSIONAL ORGANIZATIONS

American Association for Marriage and Family Therapy (AAMFT) AAMFT Approved Supervisor Pre-Clinical Fellow Family TEAM Member	2009-Present
National Council on Family Relations (NCFR) Family Therapy Section Member	2013-Present

COURSES TAUGHT

University of North Carolina at Chapel Hill

Undergraduate

EDUC 181 Introduction to Human Development & Family Science
 EDUC 375 Identity & Sexuality
 EDUC 501 Adolescent & Adult Development
 EDUC 532 Development & Learning
 EDUC 605 Family Systems & Policy
 EDUC 698 Internship Seminar

Graduate

EDUC 790: Introduction to Marriage & Family Therapy
 EDUC 827 Human Development
 EDUC 862 College Teaching & Professional Development

University of Vermont

Undergraduate

HDFS 001 Introduction to Human Development & Service-Learning
 HDFS 005 Introduction to Human Development
 HDFS 060 Family Context of Development
 HDFS 065 Human Relationships & Sexuality
 HDFS 189 Theories of Human Development
 HDFS 260 Family Ecosystems

Graduate

EDCO 291 Sex Therapy I
 EDCO 291 Sex Therapy II

Antioch University

Graduate

PYI 5190 Human Sexuality & Sex Therapy
 MFTT 7020 Advanced Systemic/Relational Clinical Theories
 MFTR 7090A Intro to Teaching, Consultation & Leadership
 MFTR 7190 Teaching, Consultation & Leadership Applications
 MFTC 7401 Doctoral Professional Seminar
 MFTR 7920 Advanced Research Methods: Program Evaluation
 MFTR 7950 Advanced Research Methods: Applications
 MFTR 8000 Dissertation Seminar
 MFTI 7040A Family Policy in MFT

MFTI 7040A Family Policy & Advocacy
MFTI 7040A Relational/Systemic Approaches to Contemporary Challenges
MFTC 7460 Doctoral Practicum

Mercer University

Graduate

MFST 686 Human Development Lifespan
MFST 683 Family Therapy Theories I
MFST 684 Family Therapy Theories II
MFST 685 Addictions Processes in Families
MFST 693 Grief and Loss
MFST 696 Family Therapy Practicum

Virginia Tech

Undergraduate

HD 1004 Child & Adolescent Development
HD 2304 Family Relationships
HD 2314 Human Sexuality