

CURRICULUM VITAE (10/2024)

DANA FRANCES RIGER

Clinical Assistant Professor of Human Development & Family Science

University of North Carolina at Chapel Hill

CONTACT INFORMATION

100 East Cameron Avenue
Peabody Hall 1050G
Chapel Hill, NC 27599-3500

Email: driger@unc.edu
Office Phone: (919) 445-8343

EDUCATION

Virginia Tech, Blacksburg, VA 2017
Doctor of Philosophy, Human Development (Marriage & Family Therapy)
Hofstra University, Hempstead, NY 2013
Master of Arts, Marriage and Family Therapy
Indiana University, Bloomington, IN 2006
Bachelor of Arts, Gender Studies

ACADEMIC EXPERIENCE

University of North Carolina at Chapel Hill, Chapel Hill, NC
Clinical Assistant Professor, School of Education 2019-Present
Faculty Fellow for GenAI, Center for Faculty Excellence May 2024-Present
University of Vermont, Burlington, VT
Lecturer, Department of Leadership and Developmental Sciences 2018-2019
Antioch University, Keene, NH
Postdoctoral Teaching Fellow, Department of Applied Psychology 2017-2018
Mercer Family Therapy Center, Macon, GA
Doctoral Teaching Intern, School of Medicine 2016-2017
Virginia Tech, Blacksburg, VA
Instructor of Record, Department of Human Development 2014-2016

ACADEMIC SERVICE

University of North Carolina at Chapel Hill, Chapel Hill, NC
GenAI Undergraduate Course Workgroup, Faculty Consultant May 2024- Present
School of Education, Teaching Excellence Award Chair 2023-2026
UNC Committee on Generative AI, SOE Representative 2023-2024
Artful Minds @ UNC, Faculty Advisor, April 2024-Present
Glow Through Sports at UNC, Faculty Advisor 2023-Present
SOE Faculty Executive Committee, Clinical Faculty Representative 2022-Present
Carolina Union, Board Member 2021-2022
Happy Kids Healthy Kids, Faculty Advisor 2020-2022
School of Education, DEI Book Club Facilitator 2020-Present
School of Education, Peer Teaching Observation Committee Member 2021-2022
School of Education, Course Evaluation Committee Member 2021-2022

Sexual and Relationship Therapy, Ad-Hoc Reviewer	June 2024-Present
Social Media + Society, Ad-Hoc Reviewer	2018-Present
Journal of Marital and Family Therapy, Ad-Hoc Reviewer	2013-Present
National Council on Family Relations, Conference Reviewer	2016-Present
American Association for Marriage and Family Therapy, Conference Reviewer	2017-Present
Antioch University New England, Keene, NH, Justice League Council Member	2017-2018
Mercer University, Macon, GA, Faculty Sponsor for Student Research	2016-2017

RECOGNITIONS & AWARDS

University of North Carolina at Chapel Hill, Chapel Hill, NC	
Center for Faculty Excellence (<i>university-level award</i>)	
Chapman Family Teaching Award, SOE Nominee	2023
School of Education (<i>school-level award</i>)	
Teaching Excellence Award, Winner (\$1,000 honorarium)	2022
Teaching Excellence Award, Finalist	2021
Virginia Tech, Blacksburg, VA	
Graduate School (<i>university-level award</i>)	
Graduate Student Teaching Excellence Award, Winner (\$1,000 honorarium)	2016
Center for Instructional Development and Educational Research	
“Thank a Teacher” Program, Recipient	2015

STUDENT ADVISEMENT

University of North Carolina at Chapel Hill, Chapel Hill, NC	
Madison Midea, Honors Thesis Advisor (2024-Present)	
Kiera Walker, Dissertation Committee Member (2024)	
Meredith Marion, Honors Thesis Reader (2024)	
Kayla Malone, Dissertation Committee Member (2023-Present)	
Daly Barnett, Honors Thesis Advisor (2023-2024)	
Logan Hartley, Dissertation Committee Member (2022-Present)	
Maura O’Sullivan, Honors Project Advisor (2022)	
Sophie Litwin, Dissertation Committee Member (2022-2024)	
Meagan Padro, Dissertation Committee Member (2022-2024)	
Kimberly Liles, Honors Thesis Advisor (2022-2023)	
Christopher Morgan, Honors Project & Thesis Advisor (2021-2022)	
Bethann Mwombela, Honors Thesis Reader (2019)	
Antioch University, Keene, NH	
Rachel Riverwood, Dissertation Committee Member (2018-2020)	
Deepa Patel, Dissertation Committee Member (2018-2020)	

INVITED CONFERENCE PRESENTATIONS

Riger, D. (2024, November 1). *Human Versus Machine: Defining the Educator's Role in the AI Era* [Workshop]. 2024 NEXT Conference, University of Akron. Akron, OH.
<https://uakron.edu/next/>

Riger, D. (2024, May 10). *Integrating Emotional Intelligence with Family Engagement*. Enhancing School Climate Conference, Roscoe Central School District, Roscoe, NY.

INVITED LECTURES

University of North Carolina at Chapel Hill

School of Nursing, *AI Foundations in Nursing*, 2024

Hussman School of Journalism, *Integrating AI into Journalism Education: Practical Strategies for Faculty*, 2024

Department of Sociology, *GenAI in the Classroom*, 2024

Department of Health Sciences, *AI in Practice: Teaching & Student Use*, 2024

Department of Public Health Leadership and Practice, *Developing AI Assessments with a Focus on Ethics and Bias Education*, 2024

School of Dentistry, *Leveraging AI for Dental Education*, 2023

Center for Faculty Excellence, *AI Course Integration*, 2023

Office of the Provost Faculty Training Series, *Prompting AI for Teaching*, 2023

Musical Empowerment at UNC-Chapel Hill, *Building Rapport Online*, 2020

Gillings School of Public Health (MHCH 701: *Foundations of Maternal and Child Health*), *Health Outcomes for LGBTQ+ Youth*, 2020

Critical Reflections on Racial Equity, Inc

Equity in Education Series, *Gender & Sexual Development & School Equity*, 2023

Equity in Education Series, *Mental Health & School Equity*, 2023

University of Wisconsin-Stout, Sex Therapy Certification Program

Distortion & Modification of Online Dating Narratives, 2021

Contact Holdings, LLC, SEL Series for the North Carolina Department of Education

Social & Emotional Learning Over the Lifespan, 2021

Gender & Sexual Development in Childhood & Adolescence, 2021

Family Systems Theories & Applications, 2021

MANUSCRIPTS IN PREPARATION

Riger, D., Nieh, H., Wang, S.* & Yang, K.** Enhancing intercultural competence and AI literacy in HDFS via COIL (Collaborative Online International Learning). To be submitted to *Family Process*.

*Graduate student

**Undergraduate student

PUBLICATIONS

Mills-Koonce, W. R., Bracy, M., Frederick, H., Hall, W., Lippold, M., & **Riger, D.** (2023).

Sexual orientation: LGBTQ adolescent health and well-being. Encyclopedia of child and adolescent health, first edition (pp.124-134)<https://doi.org/10.1016/B978-0-12-818872-9.001795>

Maier, C., **Riger, D.**, and Morgan-Sowada, H. (2021), "It's splendid once you grow into it:"

Client experiences of relational teletherapy in the era of COVID-19. *Journal of Marital and Family Therapy*, 47(2), 304-319. <https://doi.org/10.1111/jmft.12508>

Riger, D.F. (2017). *Perceptions of Stigma in Online Dating Narratives: Implications for Marriage and Family Therapists*. [Doctoral dissertation, Virginia Tech].

Piercy, F. P., Earl, R. M., Aldrich, R. K., Nguyen, H. N., Steelman, S. M., Haugen, E., **Riger, D.**, Tsokodayi, R. T., West, J., Keskin, Y., & Gary, E. (2016). Most and least meaningful learning

experiences in marriage and family therapy education. *Journal of Marital and Family Therapy*, 42(4), 584-598. <https://doi.org/10.1111/jmft.12176>

Piercy, F., **Riger, D.**, Voskanova, C., Chang, W., Haugen, E., & Sturdivant, L. (2015). What marriage and family therapists tell us about improving couple relationships through technology. In C. Bruess (Ed.), *Family communication in an age of digital and social media*. Peter Lang.

Riger, D., Heffez, J. & Miller, E. (2011). The effects of online dating and mating in romantic relationships. In Atwood, Joan and Gallo, Conchetta (Eds.), *The Effects of the Internet on Social Relationships: Therapeutic Considerations* (pp. 83-110). iUniverse.

GRANTS

University of North Carolina at Chapel Hill

Office of the Vice Provost for Global Affairs

2023-2024

Collaborative Online International Learning (COIL) Grant (\$4,000)

Leveraging AI to Foster Intercultural Collaboration and Competence in HDFS

CONFERENCE PRESENTATIONS & PANELS

Riger, D., Nieh, H. & Wang, S.* (2024, November 21). *Enhancing Intercultural Competence and AI Literacy in HDFS via COIL (Collaborative Online International Learning)*. [Paper Presentation]. Annual Conference of the National Council on Family Relations, Bellevue, WA. <https://www.ncfr.org/ncfr-2024>

Riger, D. (2024, July 23). *Navigating the Global Classroom: Integrating AI in International Collaborative Learning*. [Workshop]. Teaching & Learning with AI Conference, University of Central Florida. Orlando, FL. <https://digitalllearning.ucf.edu/teachwithai/> **

Cherner, T. & **Riger, D.** (2024, July 23). *Don't Lose Your Voice! Strategies for Using LLMs to Improve Student Writing* [Workshop]. Teaching & Learning with AI Conference, University of Central Florida. Orlando, FL. <https://digitalllearning.ucf.edu/teachwithai/>**

Riger, D., Robinson, M., Letzler, J., Dungan, C., & Jackson, B. (2023, July 28). AI Forum on Education. *METE Innovation Showcase & AI Forum*. Friday Conference Center. Chapel Hill, NC. <https://tarheels.live/meite/>

Riger, D. & Conroy, N. (2023, November 10). *Leveraging AI for Family Science Instruction* [Interactive remote poster presentation]. Annual Conference of the National Council on Family Relations. Orland, FL. <https://www.ncfr.org/ncfr-2023>

Riger, D. (2023, September 24). *Embracing Humanity in AI-Integrated Assessment*. [Workshop]. Teaching & Learning with Artificial Intelligence Conference, University of Central Florida. Orlando, FL. <https://digitalllearning.ucf.edu/teachwithai/>

Riger, D., Abels, K., & Anderson, D. (2023, March 23). *Integrating AI into Writing Assignments* [Panel discussion] Center for Faculty Excellence Faculty Showcase on Teaching. University of

North Carolina at Chapel Hill. Chapel Hill, NC. <https://cfe.unc.edu/teaching-and-learning/learn-from-others/faculty-showcase/>

Riger, D. & Stillwell, D. (2022, September 7-10). *The changing environment of relationship formation & the persistent stigma of online dating* [Conference presentation]. Annual Conference of the European Family Therapy Association, Ljubljana, Slovenia. <https://efta2022ljubljan.org/>

Riger, D. & Stillwell, D. (2022, September 7-10). *Systemic teletherapy during covid: client experiences & best practices for systemic therapists* [Symposium presentation]. Annual Conference of the European Family Therapy Association, Ljubljana, Slovenia. <https://efta2022ljubljan.org/>

Stillwell, D. & **Riger, D.** (2022, September 7-10). *A new tool for emotional processing* [Conference presentation]. Annual Conference of the European Family Therapy Association, Ljubljana, Slovenia. <https://efta2022ljubljan.org/>

Stillwell, D. & **Riger, D.** (2022, September 7-10). *Ethical non-monogamy and the future of relationships* [Conference presentation]. Annual Conference of the European Family Therapy Association, Ljubljana, Slovenia. <https://efta2022ljubljan.org/>

Meier, C., **Riger, D.**, & Morgan-Sowada, H. (2021, November 2-5). *"It's Splendid Once You Grow into It: " Client experiences of relational teletherapy in the era of COVID-19.* [Paper presentation]. Annual Conference of the National Council on Family Relations Annual Conference, Virtual Conference. <https://www.ncfr.org/ncfr-2021>

Riger, D. & West, J. (2020, November 12-13). *Creating MFT Pipelines through Undergraduate Collaboration* [Conference presentation]. Annual Conference of the American Association for Marriage and Family Therapy, Orlando, FL. (Session cancelled due to COVID)

Riger, D. (2017, October 5-8). *"So, how did you two meet?" A narrative therapy approach to working with couples who met online.* [Workshop presentation]. Annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA. <https://networks.aamft.org/conference/home>

Meyer, A., Stinson, M., Templeton, G., **Riger, D.**, and Cooke, A. (2017, October 5-8). *Youth and families with abuse: MFTs in children's advocacy centers* [Conference presentation]. Annual Conference of the American Association for Marriage and Family Therapy, Atlanta, GA. <https://networks.aamft.org/conference/home>

Tsokodayi, R, Lane, C., Lee, S., **Riger, D.**, and Riley, A. (2016, November 2-6) *Smartphone impacts on parent/ guardian attachment of undergraduates* [Poster presentation]. Annual conference for the National Council on Family Relations, Minneapolis, MN. <https://www.ncfr.org/ncfr-2016>

Riger, D. (2016, April 21-23) *Pseudonymity in location-based social discovery apps and the*

visibility of gender and sexual identity [Workshop presentation]. Biannual Gender, Bodies & Technology Conference, Roanoke, VA.

https://martinasvyantek.files.wordpress.com/2017/03/gbt2016_program.pdf

Riger, D. & Richardson, K.L. (2016, February 10-12). *Up vote, down vote: Collective content modulation and informal learning on yik yak*. Paper presented at the annual Conference for Higher Education Pedagogy. Blacksburg, VA. <https://chep.teaching.vt.edu/>

Riger, D. (2015, September 3-6). *Interpersonal attunement in the digital age: MFT considerations* [Digital poster presentation]. Annual Conference for the American Association for Marriage and Family Therapy, Austin, TX. <https://aamft.org>

Riger, D., Voskanova, C., Haugen, E., & Piercy, F. (2014, November 19-22). *What marriage and family therapists tell us about improving couple relationships through technology* [Poster presentation]. Annual conference for the National Council on Family Relations, Baltimore, MD. <https://www.ncfr.org/ncfr-2014>

Grafsky, E., **Riger, D.**, Haugen, E., & Cox, N. (2014, May 1-3). *Challenging gender and sexual binaries in a web-based intervention for LGBTQ+ youth* [Paper presentation]. Biannual Gender, Bodies & Technology Conference. Blacksburg, VA.

Grafsky, E. & **Riger, D.** (2013, November 6-9). *Community-based participatory intervention development for sexual minority youth* [Poster symposium]. Annual conference of the National Council on Family Relations Conference, San Antonio, TX. <https://www.ncfr.org/ncfr-2013>

*Graduate Student

**Due to the global IT outage in July that disrupted air traffic, my flight was canceled, and I was unable to attend.

MEDIA & RELATED MENTIONS

Young, Kristen (2023, September 12). Committee guides use of generative AI. *University News*. <https://www.unc.edu/posts/2023/09/12/committee-guides-use-of-generative-ai/>

Keister, Ambert (2022, April 19). Can I still use sir and ma'am? *The Diversity Movement*. <https://thediversitymovement.com/sir-maam-mr-mrs-ms-mx-what-to-do-when-you-dont-know-someones-gender/>

Moorefield, Nicol (2022, January 13). Support for student mental health. *The Well. University of North Carolina at Chapel Hill*. <https://www.unc.edu/discover/support-for-student-mental-health/>

Clark, Olivia (2019, November 26). Can sex education stop sexually transmitted diseases' rise? *The Charlotte Post*. <https://www.thecharlottepost.com/news/2019/11/26/health/can-sex-education-stop-sexually-transmitted-diseases-rise/>

COURSES TAUGHT

University of North Carolina at Chapel Hill

Undergraduate

EDUC 181 Introduction to Human Development & Family Science

EDUC 375 Identity & Sexuality
EDUC 501 Adolescent & Adult Development
EDUC 532 Development & Learning
EDUC 605 Family Systems & Policy
EDUC 698 Internship Seminar

Graduate

EDUC 790: Introduction to Marriage & Family Therapy
EDUC 827 Human Development
EDUC 862 College Teaching & Professional Development

University of Vermont

Undergraduate

HDFS 001 Introduction to Human Development & Service-Learning
HDFS 005 Introduction to Human Development
HDFS 060 Family Context of Development
HDFS 065 Human Relationships & Sexuality
HDFS 189 Theories of Human Development
HDFS 260 Family Ecosystems

Graduate

EDCO 291 Sex Therapy I
EDCO 291 Sex Therapy II

Antioch University

Graduate

PYI 5190 Human Sexuality & Sex Therapy
MFTT 7020 Advanced Systemic/Relational Clinical Theories
MFTR 7090A Intro to Teaching, Consultation & Leadership
MFTR 7190 Teaching, Consultation & Leadership Applications
MFTC 7401 Doctoral Professional Seminar
MFTR 7920 Advanced Research Methods: Program Evaluation
MFTR 7950 Advanced Research Methods: Applications
MFTR 8000 Dissertation Seminar
MFTI 7040A Family Policy in MFT
MFTI 7040A Family Policy & Advocacy
MFTI 7040A Relational/Systemic Approaches to Contemporary Challenges
MFTC 7460 Doctoral Practicum

Mercer University

Graduate

MFST 686 Human Development Lifespan
MFST 683 Family Therapy Theories I
MFST 684 Family Therapy Theories II
MFST 685 Addictions Processes in Families
MFST 693 Grief and Loss
MFST 696 Family Therapy Practicum

Virginia Tech

Undergraduate

HD 1004 Child & Adolescent Development
HD 2304 Family Relationships

HD 2314 Human Sexuality

PROFESSIONAL ORGANIZATIONS

American Association for Marriage and Family Therapy (AAMFT) AAMFT Approved Supervisor Pre-Clinical Fellow Family TEAM Member	2009-Present
National Council on Family Relations (NCFR) Family Therapy Section Member	2013-Present

CLINICAL & PROFESSIONAL EXPERIENCE

Antioch University, Keene, NH Clinical Supervisor , AAMFT Approved Supervisor Clinical Intern , Marriage and Family Therapy Fellowship	2017-2018
Mercer Family Therapy Center, Macon, GA Clinical Supervisor , AAMFT Approved Supervisor Candidate Clinical Intern , Marriage and Family Therapy Internship	2016-2017
Virginia Tech, Blacksburg, VA Clinical Intern , Family Therapy Center of Virginia Tech	2014-2016
Outreach Project, Ridgewood, NY Clinical Extern , Family Therapy Department	2012-2013
Hofstra University, Hempstead, NY Clinical Intern , Saltzman Community Services Center	2011-2012
Navigant Consulting, New York, NY Consultant , Anti-Money Laundering & Investigative Due Diligence	2006-2012