

# MEGAN HYLAND TAJLILI

## EDUCATION

**North Carolina State University (NC State)**—Raleigh, NC

Ph.D. in Education: Counseling and Counselor Education, May 2015

Dissertation: The Future Work-Life Balance Attitudes Scale: Creation of an instrument to assess college women's attitudes on work-life balance

- CACREP-Accredited Program
- **Study Abroad Experience: *Diversity and Counseling Summer Institute*** at Trinity College, Dublin, Ireland through Old Dominion University, August 2012

**Virginia Commonwealth University (VCU)**—Richmond, VA

M.Ed. in Counselor Education: College Student Development and Counseling, December 2010

- CACREP-Accredited Program; Passed Counselor Preparation Comprehensive Exam in July 2010

**University of North Carolina at Chapel Hill (UNC)**—Chapel Hill, NC

B.A. in English and Music, Vocal Performance, May 2003

- Dean's List 3 semesters

## CERTIFICATIONS AND LICENSURE

**North Carolina Licensed Clinical Mental Health Counselor Supervisor (LCMHCS) #12209;**

North Carolina Board of Licensed Clinical Mental Health Counselors

**National Certified Counselor (NCC), #276447**

National Board for Certified Counselors (NBCC)

**Certification in Perinatal Mental Health (PMH-C),**

Postpartum Support International (PSI)

## TEACHING EXPERIENCE

**University of North Carolina**—School Counseling Program; Chapel Hill, NC

**Clinical Assistant Professor**, May 2025—Present

**Adjunct Assistant Professor**, August 2023—April 2025

- Teach EDUC 827: Human Development and EDUC 709: Seminar in Applied Investigations in person to 31 graduate students in an accelerated 14-month school counseling program
- Mentor seven school counselors in training as a university site supervisor for EDUC 766: Practicum in School Counseling and EDUC 705: Internship in School Counseling and Consultation experiences
- Interface with K-12 school faculty about school counselors in training key professional dispositions
- Facilitate connections between classroom learning and presenting issues students experience in field placement
- Consult with students on best practices in school counseling, possible interventions, and future training opportunities

**North Carolina State University, Counselor Education Department**—Online & Residential Programs; Raleigh, NC

**Instructor**, January 2021– Present

**New York University, Applied Psychology Department**—Online & Residential Programs; New York City, NY

**Adjunct Instructor**, June 2019– Present

- Teach Applied Psychology courses 2634: Dynamics of Vocational Development; 2656: Internship 2; 2675: Internship 3; APSY 3657: Individual Counseling: Theory & Process; and APSY 2216: Advanced Lab in Counseling Skills online
- Instruct Counselor Education courses 535: Introduction to College Counseling and 847: Internship in Supervision in person and online
- Create course content, including case studies and counseling simulations
- Moderate and facilitate discussion online with more than 20 Masters level students
- Utilize Zoom, Moodle, BrightSpace, & 2U platforms to construct collaborative and cohesive student involvement in online setting

# MEGAN HYLAND TAJLILI

Page II

## **North Carolina State University, Counselor Education 642: Practicum in Counseling**—Raleigh, NC

**Instructor**, August 2012 – November 2012

- Supervised and instructed three Master level counselors in first on-site counseling experience at agency, school, and college placements
- Planned individual and group supervision sessions and assignments weekly, including instruction on safety in the Practicum setting, multicultural issues, and goal setting for the experience
- Critiqued and viewed 30 hours of counseling tapes for students' skill development and case management

## **North Carolina State University, Counselor Education 540: Gender Issues in Counseling**—Raleigh, NC

**Teaching Assistant**, May 2012—June 2012

- Instructed three-hour classes on Gender & Communication and Gender & Health, including creating lesson plans and reading comprehension quizzes, facilitating interactive activities, and teaching theory-grounded lectures
- Facilitated discussion about sensitive subject matter, including sexual orientation, abortion, religion, and gender bias, using the American Counseling Association Code of Ethics to guide and strengthen the conversation

## **Meredith College, Career Planning Seminar 301**—Raleigh, NC

**Teaching Assistant**, August 2010—October 2010

- Led 11 junior and senior college women through a comprehensive personalized career development planning class
- Instructed the class on topics such as Applying to Graduate School, Cover Letter and Resume Creation, Skill Building for 21<sup>st</sup> Century Careers, and Social Networking and the Job Hunt
- Coordinated networking panels and informational interviews to connect students to professionals in their fields of interest

## **VCU, Educational Studies 660: Research Methods in Education**—Richmond, VA

**Teaching Assistant**, March 2010

- Instructed 19 Masters-level Education students on basic components of qualitative research methods
- Lectured on the epistemological and contextual assumptions underlying qualitative research
- Assisted students in the planning stages of a research proposal assignment

## **Duke University Talent Identification Program**—Durham, NC

**Teaching Assistant**, June 2002—August 2002

- Instructed gifted high school students in college-level literature coursework
- Evaluated student performance and developed lesson plans

## **COUNSELING & HIGHER EDUCATION EXPERIENCE**

### **Megan Hyland Tajlili, Ph.D., NCC, PMH-C, LCMHCS Private Practice**

**Clinical Mental Health Counselor**, February 2020—Present

- Maintain small telehealth private practice via telephone and video interactions
- Provide interactive sessions for clients motivated to change, including utilizing worksheets and assignments
- Ramped up practice during COVID-19 pandemic, working with clients on stress, familial issues and anxiety

### **NC State University Counseling Center**—Raleigh, NC

**Counselor**, January 2014—June 2018

**Graduate Intern**, January 2013—December 2013

- Assisted sixteen clients a week with personal issues ranging from eating disorders, substance abuse, stress, depression, anxiety, sexual assault and academic performance by creating and enacting treatment plans
- Acted as first point of contact for students in crisis as walk-in triage counselor, assessing client risk for harm to self and others while building rapport and providing support to students
- Supervised three Masters students during their Practicum and Internship periods, offering case consultation, assessment of counseling skills, and oversight on all areas of their participation in counseling center activities
- Provided outreach to student organizations and groups of twelve or more students on topics such as test anxiety, dating violence, procrastination, the Myers-Briggs Type Indicator, and mindfulness
- Led two groups for graduate students on issues including perfectionism, relationships, and assertiveness
- Consulted with Counseling Center clinicians on case management, treatment plans, and community referrals
- Participated in on-call rotation by providing after-hours emergency care for students in crisis

# MEGAN HYLAND TAJLILI

Page III

**NC State Relationship Sexual Violence Phone (RSVP) Line**—Raleigh, NC

**Volunteer Advocate**, September 2011—December 2013

- Completed 25 hours of training on crisis counseling, advocacy, and topics of interest to sexual assault and domestic violence survivors
- Provided on-call support for survivors of intimate partner violence once a month for 72-hour shift

**NC State Poole College of Management**—Raleigh, NC

**Career Counselor Assistantship**, August 2011—May 2013

- Conducted career advising sessions, career training workshops, and career development research for 2,500 students in Business, Economics, and Accounting fields
- Disseminated information regarding job openings, internships, campus interviewing and other events through social media content, including weekly e-newsletter, Facebook page, online presentations, and LinkedIn groups
- Coordinated and executed special events and programs, including career fairs, etiquette dinners, on-campus interviews, and mock interview training

**Meredith College Academic and Career Planning Center**—Raleigh, NC

**Graduate Intern**, August 2010—December 2010

- Facilitated holistic academic and career counseling for diverse traditional and non-traditional college women
- Guided students and alumnae on a variety of issues in academic and career development, including major and career exploration, academic success and time management, the job search process, and personality assessments
- Prepared and presented information to student organizations and classes on topics of interest
- Created and implemented three-part Major Exploration group seminar for 20 undeclared students

**VCU University Career Center**—Richmond, VA

**Practicum Intern**, January 2010—May 2010

- Conducted individual counseling, group sessions, and student presentations on all aspects of career development
- Coordinated students' career exploration strategies and critiqued their professional correspondence
- Instructed students about technology tools such as InterviewStream and Experience's eRecruiting program

**VCU School of Education Department of Foundations**—Richmond, VA

**Graduate Research Assistant**, October 2009—May 2010

- Assisted the Chair of the Foundations Department with research agenda
- Edited, researched, and streamlined proposals, articles, and presentations
- Performed IBM SPSS data entry and analysis on study of completion rates for professional teachers pursuing national board certification

**VCU Office of Multicultural Student Affairs**—Richmond, VA

**Volunteer Team Co-Coordinator and Intern**, August 2009—December 2009

- Developed curriculum and trained student volunteers in multicultural awareness, knowledge, and skills
- Educated student volunteers on the diverse needs of the student population
- Partnered with community resources to create service-learning opportunities for students

**VCU Honors College**—Richmond, VA

**Assistant to the Director of Undergraduate Research**, October 2008—October 2009

- Mentored students presenting at research conferences across the country
- Facilitated campus-wide initiatives showcasing student research and achievements
- Arranged opportunities for students to participate in undergraduate research at VCU

**UNC Department of Housing**—Chapel Hill, NC

**Resident Advisor**, August 2002—May 2003

- Managed the community life of residents in Cobb Residence Hall
- Implemented monthly social and service-based activities to enrich housing community

## LEADERSHIP EXPERIENCE

**North Carolina Counseling Association**—Raleigh, NC

**North Carolina Graduate Student Association President**, June 2013—December 2014

# MEGAN HYLAND TAJLILI

Page IV

- Created and established organizational bylaws to manage Graduate Student Association arm of the North Carolina Counseling Association
- Provided social and networking opportunities for graduate students enrolled in counseling programs across the state
- Disseminated flow of information regarding news of interest to graduate students while bringing a voice to their concerns and interests

## **Southern Association for Counselor Education and Supervision (SACES)—Athens, GA**

### **Southern Region Student Network Committee: North Carolina Representative, October 2012 – January 2013**

- Assisted the committee's mission to unite and sustain relationships linking graduate students with national and branch associations in an effort to support their involvement and networking opportunities
- Organized social and networking opportunities at regional and national conferences
- Attended telephone conferences and provide input on plans to further communication between national organization and individual school programs for counselors

## **NCSU Nu Sigma Chi Chapter of Chi Sigma Iota—Raleigh, NC**

### **Treasurer, August 2011 – May 2012**

- Managed \$1000 budget for all activities and events, reimbursed members for expenses, oversaw the chapter PayPal account, interfaced with financial service providers, and reported accurate financial statements
- Coordinated and supported the first annual National Counselor Examination Test Preparation Workshop fundraiser
- Interacted with department faculty and key stakeholders regarding Chi Sigma Iota's financial status

## **VCU University Student Commons and Activities Information Services—Richmond, VA**

### **Council for the Advancement of Standards in Higher Education Student Team Member, March 2010—May 2010**

- Assessed VCU's Information Services department on performance, staff, and vision based upon CAS standards
- Analyzed supporting evidence and documents to make informed and sound decisions
- Created recommendations for future innovations and services to improve student utilization

## **VCU Counselor Education Student Networking Association—Richmond, VA**

### **Vice President, May 2009—May 2010**

- Planned and organized community partners for first and second annual Community Resource Fair
- Prepared workshops, events, and celebrations for fellow Counselor Education colleagues
- Coordinated and oversaw the \$1,000 fundraising drive for the Jessica Pascual Memorial Scholarship

## **The College Place and Richmond Community High School—Richmond, VA**

### **College Admissions Assistance Volunteer, August 2008—July 2010**

### **Scholarship Awards Committee, May 2010**

- Mentored high school seniors completing college applications
- Advocated for students needing assistance with application fee waivers and scholarships
- Edited and revised essays, personal statements, and application correspondence
- Coordinated and presented content at the 2010 Summer College Admissions Clinic Workshops
- Decided on recipients for multiple scholarships based upon applications, personal statements, and financial need

## **PUBLICATIONS**

National Board for Certified Counselors. (2024). *NCC Spotlight: Counselor Education and Supervision – Conversation with counselor educators and supervisors, Megan Hyland Tajlili, PhD, NCC, LCMHCS and Jason Li, PhD, NCC, NCSC, LCPC* [Video]. YouTube. <https://www.youtube.com/watch?v=pPnVvzzLzHQ>

Tajlili, M.H. (2023). Practitioner's Perspective in Chapter 4: Theories, Frameworks and Approaches. In Smith, A. C., & Peterssen, K. (2023). *An Innovative Approach to Career Counseling: Theory and Practice*. Springer Publishing. doi: 10.1891/9780826150738

Tajlili, M.H., & Baker, S.B. (2018). The Future Work-Life Balance Attitudes Scale: Assessing attitudes on work-life balance in millennial college women. *Journal of Asia Pacific Counseling*, 8(2), 57-74. doi: 10.18401.2018.8.2.2.

Editorial Review Board, The Professional Counselor, official, peer-reviewed, open-access, electronic journal of the National Board for Certified Counselors and Affiliates, Inc. (NBCC), 2016—2017.

**Tajlili, M. H.** (2014). A framework for promoting women's career intentionality and work-life integration. *Career Development Quarterly*, 62, 254-267. doi: 10.1002/j.2161-0045.2014.00083.x.

Warfield, H.A., Kennedy, S.D., & **Tajlili, M.H.** (2013). Why can't we be friends? Maintaining confidentiality in the age of public access. In *Ideas and research you can use: VISTAS 2013 (Summer)*. Retrieved from <http://www.counseling.org/Resources/>

**Tajlili, M.H.** (2012). *An existential, Adlerian, and feminist framework for college student counseling*. In J. Sommers-Flanagan, *The student manual for counseling and psychotherapy theories in context and practice*. Hoboken, NJ: John Wiley and Sons.

## CONFERENCE PRESENTATIONS

**Tajlili, M.H.** (2018). *Teaching Our High Achieving Women to be BRAVE: Creating a Group for Self Esteem, Perfectionism and Body Issues*. Presented at the American College Counseling Association Conference 2018, Charlotte, NC.

**Tajlili, M.H.** (2016). *Infusing intentionality into career decision-making for women college students*. Presented at the American Counseling Association/Canadian Counseling and Psychotherapy Conference 2016, Montreal, Canada.

**Tajlili, M.H.** (2014). *Infusing intentionality into career decision-making for women college students*. Presented at the American College Counseling Association Conference 2014, San Antonio, TX.

**Tajlili, M.H.** (2014). *Infusing intentionality into career decision-making for women college students*. Presented at the North Carolina Counseling Association Conference 2014, Pinehurst, NC.

Hermann, M.A., Ziomek-Daigle, J., & **Tajlili, M.H.** (2013). *The stalled gender revolution: Implications for counselor educators*. Presented at the Association for Counselor Education and Supervision Conference 2013, Denver, CO.

**Tajlili, M.H.** (2013). *Making campus a safe zone for transgender students: Implications for counselors and colleges*. Presented at the American College Counseling Association Conference 2013, New Orleans, LA.

Conley, A.H., & **Tajlili, M.H.** (2013). *Responding to power-based personal violence (PBPV) survivors: Considerations for college counselors*. Presented at the American College Counseling Association Conference 2013, New Orleans, LA.

Kennedy, S. D., Baker, S. B., Nemiro, A. M., **Tajlili, M. H.**, & Blount, T. N. (2013). *Professional counseling: Perspectives from around the world*. Presented at the American Counseling Association Conference 2013, Cincinnati, OH.

Kennedy, S. D., Baker, S. B., Nemiro, A. M., **Tajlili, M. H.**, & Blount, T. N. (2013). *Professional counseling: Perspectives from around the world*. Presented at the North Carolina Counseling Association Conference 2013, Greensboro, NC.

Hermann, M. A., Dockery, D. J., **Tajlili, M. H.**, Reichel, M., & Neale-McFall, C. (2012). *Women counselor educators' work/life balance*. Presented at Southern Association for Counselor Education and Supervision Conference 2012, Savannah, GA.

Warfield, H., **Tajlili, M.H.**, & Kennedy, S.D. (2012). *The counseling kaleidoscope: Considering ethical decision-making through the lens of culture*. Presented at North Carolina Counseling Conference 2012, Greensboro, NC.

# MEGAN HYLAND TAJLILI

Page VI

Croasdaile, S. & **Tajlili, M.H.**, (2011). *Why counselors need to conduct research*. Presented at the VCU School of Education John D. Cook Lecture 2011, Richmond, VA.

**Tajlili, M.H.**, (2010). *Gen\*One: A first-generation college student orientation and mentoring program*. Paper presented at the North Carolina College Counseling Association Fall Conference 2010, Greensboro, NC.

**Tajlili, M.H.**, (2010). *Creating a diverse and effective student advisory team for multicultural programming*. Paper presented at the Virginia Association for Counselor Education and Supervision Graduate Conference 2010, Williamsburg, VA.

## PROFESSIONAL AFFILIATIONS

- **American Counseling Association (ACA)**, Member since 2009
- **American College Counseling Association (ACCA)**, Member since 2009
- **National Career Development Association (NCDA)**, Member 2012—2016
- **Association for Counselor Education and Supervision (ACES)**, Member 2012—2016
  
- **Southern Association for Counselor Education and Supervision (SACES)**, Member 2012—2016
- **North Carolina Counseling Association**, Member 2009—2016
- **North Carolina College Counseling Association**, Member 2009—2016
- **North Carolina Career Development Association**, Member 2010—2016

## GRADUATE SCHOLARSHIPS AND HONORS

- **ACA Graduate Student Ethics Competition, Doctoral Team First Place Winner**, January 2013
- **ACCA Emerging Leader Award, American Counseling Association 2012 Conference**, March 2012
- **ACA Graduate Student Ethics Competition, Doctoral Team Third Place Winner**, January 2012
- **Phi Kappa Phi National Love of Learning Award**, 2010 & 2012
- **Dr. Gaynelle Whitlock VCU Counselor Education Scholarship**, Fall 2010 Semester
- **VCU Chapter of Phi Kappa Phi School of Education Scholarship**, Fall 2010 Semester
- **Phi Mu Foundation Marion Winifred Stafford Scholarship**, 2009-2010
  
- **VCU Dean's Scholar, School of Education**, 2009-2010
- **Commonwealth Award for Education**, 2009-2010
- **Chi Sigma Iota**—Acknowledged for academic excellence in the profession of counseling; Member since 2009
- **Phi Kappa Phi**—Recognized as top 10% of VCU graduate students for academic achievements; Member since 2009

## UNDERGRADUATE HONORS

- **Order of Omega**—Received for attaining a high standard of campus leadership; Member since 2003
- **Gamma Sigma Alpha**—Represented top 3% of the undergraduate Greek community based upon academic achievement; Member since 2003

## COMMUNITY INVOLVEMENT

- **The Compass Center for Women & Families**, Career Advisor Volunteer & Group Leader 2011—2015
- **Comfort Zone Camp Healing Circle Assistant, Big Buddy, and Camper Screener**, 2009—2013
- **Carolina Alumni Admissions Volunteer**, Member since 2003

## COMPUTER SKILLS

IBM SPSS; Stata 12; Microsoft Office (Word, Excel, PowerPoint, Access); eRecruiting; Interfase; Symplicity Career Services Manager; Titanium; Blackboard; Moodle; Banner Human Resources; Zoom; 2U; Canvas; ALBERT